



Football 2019

Friday, 8/23
 Wyoming Valley West @ Scranton 14-10
 Penna Ridge @ Delaware Valley 13-0
 Valley View @ Wallenpaupack 41-10
 West Scranton @ North Pocono 42-6
 Berwick @ Abington Heights 28-6
 Honesdale @ Lakeland 28-8
 Montrose @ Wyalusing 34-6
 Dunmore @ Scranton Prep 28-17
 Lake-Lehman @ Western Wayne 33-7
 Mid Valley @ Wyoming Area 56-13
 Lackawanna Trail @ Northwest Area 8-7
 Susquehanna @ Riverside 54-13
 Old Forge @ Carbondale 46-0

Friday, 9/20
 Scranton @ Abington Heights (9/21)
 North Pocono @ Delaware Valley
 Wallenpaupack @ Pittston Area
 Valley View @ Honesdale
 Scranton Prep @ West Scranton
 Montrose @ Susquehanna (9/21)
 Hanover Area @ Western Wayne
 Lakeland @ Mid Valley
 Riverside @ Dunmore
 Lackawanna Trail @ Carbondale

Friday, 10/18
 Wallenpaupack @ Hazleton Area
 Valley View @ Scranton
 Delaware Valley @ Wyoming Valley West
 North Pocono @ Honesdale
 West Scranton @ Abington Heights (10/19)
 Mid Valley @ Tunkhannock
 Riverside @ Montrose
 Scranton Prep @ Lakeland
 Western Wayne @ Dunmore
 Lackawanna Trail @ Holy Redeemer
 Carbondale @ Susquehanna (10/19)
 Northwest Area @ Old Forge

Friday, 8/30
 Scranton @ Wilkes-Barre Area 37-28
 Delaware Valley @ West Scranton 61-7
 Wallenpaupack @ Honesdale 17-16
 Western Wayne @ North Pocono 27-3
 Abington Heights @ Valley View 48-13
 Susquehanna @ Lackawanna Trail 34-0
 Wyoming Area @ Scranton Prep 34-0
 Lakeland @ Lake-Lehman 25-13
 Hanover Area @ Old Forge 48-6
 Carbondale @ Riverside 42-0
 Dunmore @ Mid Valley 30-17

Friday, 9/27
 Delaware Valley @ Hazleton Area
 Williamsport @ Scranton
 Wyoming Valley West @ Wallenpaupack
 Scranton Prep @ North Pocono
 Honesdale @ Abington Heights (9/28)
 Pittston Area @ West Scranton
 Berwick @ Valley View
 Carbondale @ Montrose
 Western Wayne @ Lakeland
 Northwest Area @ Susquehanna (9/28)
 Mid Valley @ Lackawanna Trail
 Dunmore @ Old Forge
 Academy of the New Church @ Riverside

Friday, 10/25
 Scranton @ Delaware Valley
 Abington Heights @ Wallenpaupack
 North Pocono @ Valley View
 Honesdale @ West Scranton
 Old Forge @ Montrose
 Scranton Prep @ Western Wayne
 Lakeland @ Dunmore
 Susquehanna @ Holy Redeemer
 Riverside @ Northwest Area
 Mid Valley @ Carbondale

Friday, 9/6
 North Pocono @ Scranton 26-21
 Wallenpaupack @ Delaware Valley 70-0
 Scranton Prep @ Abington Heights 17-10
 Honesdale @ Western Wayne 60-21
 West Scranton @ Valley View 37-6
 Montrose @ Lackawanna Trail 54-13
 Rivreside @ Lakeland 29-7
 Old Forge @ Susquehanna 47-14
 Dunmore @ Carbondale 28-0

Friday, 10/4
 West Scranton @ Scranton
 Abington Heights @ Delaware Valley
 Wallenpaupack @ North Pocono
 Honesdale @ Scranton Prep (10/5)
 Valley View @ Western Wayne
 Carbondale @ Lakeland
 Dunmore @ Wyoming Area
 Riverside @ Mid Valley
 Lackawanna Trail @ Old Forge
 Columbia-Montour VT @ Montrose

Friday, 9/13
 Scranton @ Wallenpaupack 21-10
 Delaware Valley @ Wilkes-Barre Area 54-20
 Abington Heights @ North Pocono 27-0
 Tunkhannock @ Honesdale 35-26
 Lakeland @ West Scranton 28-14
 Valley View @ Scranton Prep 42-19
 Western Wayne @ Montrose 55-13
 Hanover Area @ Riverside 39-13
 Carbondale @ Lake-Lehman 48-14
 Holy Redeemer @ Old Forge 49-0
 Susquehanna @ Mid Valley 27-7
 Lackawanna Trail @ Dunmore 49-35

Friday, 10/11
 Scranton @ Hazleton Area
 Delaware Valley @ Williamsport
 Wilkes-Barre Area @ Wallenpaupack
 Abington Heights @ Wyoming Valley West
 North Pocono @ Tunkhannock
 Montrose @ Honesdale
 Western Wayne @ West Scranton
 Dallas @ Valley View
 Pittston Area @ Scranton Prep (10/12)
 Lakeland @ Nanticoke
 Hanover Area @ Lackawanna Trail
 Lake-Lehman @ Mid Valley
 Dunmore @ Susquehanna (10/12)
 Old Forge @ Riverside