

DISTRICT II VARSITY A/AA/AAA CROSS COUNTRY CHAMPIONSHIPS

To: Athletic Directors and Cross Country Coaches
October 28, 2020

From: Bill King, District II Cross Country Chairperson
Dave Grecco, Meet Director
Jack McAuliffe, Assistant Meet Director

PLEASE NOTE: DUE TO GOVERNOR WOLFE'S RESTRICTIONS AND OTHER RESTRICTIONS THE FOLLOWING APPLIES:

YOU MAY ONLY BRING YOUR 7 COMPETITORS AND 1 ALTERNATE. A MAXIMUM OF 4 COACHES ARE ALLOWED AND MUST ARRIVE WITH THE TEAM. NO SPECTATORS ARE ALLOWED. THERE WILL BE NO CONCESSION STANDS. TENTS WILL BE PERMITTED. YOU MUST PROVIDE YOUR OWN FOOD AND WATER. ALSO, YOU MUST FOLLOW THE ARRIVAL AND DEPARTURE TIMES AS DESIGNATED BELOW. THERE WILL BE NO AWARD CEREMONIES. MEDALS WILL BE HANDED DIRECTLY TO THE COACHES BY MEET DIRECTORS AFTER EACH RACE.

ALSO, WE WILL BE USING BIB TIMING. THIS ELIMINATES COLLECTING AND REHANDLING CHIPS. ATHLETES CAN KEEP THEIR BIBS.

AAA COACHES: YOUR RACE IS NO LONGER SUB-REGIONAL AS WILLIAMSPORT WILL NOW BE COMPETING IN A SUB-REGIONAL WITH DISTRICT 6.

The District II Varsity Cross-Country Championships will be held at the **Wyoming Valley Fairgrounds, 9141 US-6, Meshoppen, PA, 18630**, on **Sunday, November 1 and Monday, November 2, 2020**. Girls will compete on Sunday, November 1st. Boys will compete on Monday, November 2nd. **There are no makeup dates scheduled! Only seven runners can compete. All competitors will run in their assigned race according to classification and gender. Please note the schedule below for this year.**

ATHLETIC DIRECTORS/COACHES: PLEASE NOTE THAT THE ENTRY FEE IS \$8.00 PER RUNNER ENTERED INTO THE DISTRICT II CHAMPIONSHIPS. PLEASE SEND CHECKS, MADE OUT TO "PIAA DISTRICT II" TO Patrick Patte, 40 Elm Street, Mountaintop, PA 18707.

The tentative time schedule is as follows:

<u>DIVISION</u>	<u>DATE</u>	<u>TIME</u>	<u>ARRIVE</u>	<u>DISTANCE</u>	<u>MEDALS</u>
Girls' Varsity AAA	Nov 1 st	9:30 AM	8:00 AM	5 km (3.1 mi.)	10
Girls' Varsity A	Nov 1 st	12:30 PM	11:00 AM	5 km (3.1 mi.)	15
Girls' Varsity AA	Nov 1 st	3:30 PM	2:00 PM	5 km (3.1 mi.)	20
Boys' Varsity AAA	Nov 2 nd	9:30 AM	8:00 AM	5 km (3.1 mi.)	10
Boys' Varsity A	Nov 2 nd	12:30 PM	11:00 AM	5 km (3.1 mi.)	15
Boys' Varsity AA	Nov 2 nd	3:30 PM	2:00 PM	5km (3.1 mil)	20

Note: THERE WILL BE NO B RACE THIS YEAR.

ALL TEAMS MUST LEAVE THE WYOMING COUNTY FAIRGROUNDS NO MORE THAN 1 HOUR & 15 MINUTES AFTER THE START OF THEIR RACE.

All competitors must wear their school uniform. No additions to the school uniform will be permitted. If weather conditions warrant, protective gloves, headwear, etc. may be worn. Any approval for weather related equipment will be given prior to each race. **ALL RULES OF THE NATIONAL FEDERATION AND THE PIAA FOR CROSS COUNTRY WILL BE IN EFFECT AND FOLLOWED.**

WE WILL BE USING WIL-TIME EVENT MANAGEMENT FOR BOTH THE TIMING SYSTEM AND THE FINISH-LYNX PHOTO BACKUP SYSTEM FOR THE DISTRICT MEET. BIB TIMING WILL BE UTILIZED THIS YEAR. THIS IS THE SAME COMPANY THAT PROVIDES THE TIMING SERVICES FOR OUR TRACK AND FIELD CHAMPIONSHIPS IN THE SPRING.

Note: Bibs must correspond to the proper runner and must be attached as instructed at the meet. The Bib is the primary timing device. Due to Coronavirus, we are not using chips this year.

Plaques will be awarded to the top team and ten individual medals for the winning teams. District medals will be presented to the coach as there is no awards ceremony this year. Individual medals will be distributed to individual runners near the finish line area.

The number of teams and individuals who qualify for the state championships is as follows:

For all gender and divisions, only the top team along with 5 non-team individuals will qualify for the state championships.

GENERAL INFORMATION

You may enter 7 runners as the school wishes. You may register and bring 1 alternate who must pay the registration fee. **The fee for all runners is \$8.00 per runner.** Checks are to be made payable only to **PIAA District 2** and should be sent to the address on the first page. Please do not make checks out to the meet director.

Please follow the instructions of the traffic monitors at the site.

INSTRUCTIONS FOR ENTERING VARSITY AND REGIONAL DISTRICT CHAMPIONSHIPS

All entries must be submitted online via the Internet. Coaches will go to the link following this paragraph and put in your own school's entries; this will eliminate the need for corrections to names, etc. on the day of the meet. **Please do not use all capital letters or all small letters.** Type the name as it should be; example is Dave Grecco. Detailed instructions will be on the website. You must have a valid email address. Results will be posted on the District 2 website at <http://www.piaad2.org> and on the entry website which follows. Paper copies will not be distributed. Results of all races will be displayed as they become available. Feel free to contact me for assistance. Email preferred.

The link for entries is <http://pa.milesplit.com/> and is available right now. Once you are on the website, go to the Main Menu. You will need to log in, go to the Calendar, locate our District Meet and then enter your runners. You are responsible for accuracy of names and grades; along with Male or Female. Finally, if your 9th graders were on the Junior High team all year, they are not eligible to participate in the Varsity Championships. If they were on the varsity team all year, then they are eligible for the Varsity Championships. There will not be a Junior High Championship. Entry information will close at 5:00 PM on Monday, October 26, 2020. Any questions or problems at all, please contact me immediately!

NO ENTRIES WILL BE ACCEPTED AFTER 5:00 PM ON THE 26th OF OCTOBER!!! NO EXCEPTIONS!!!

Email me at dag@epix.net or call me at 570-357-1167

ADDITIONAL INSTRUCTIONS

2020 PIAA DISTRICT II CROSS COUNTRY CHAMPIONSHIPS

Sunday, November 1 and Monday, November 2, 2020

Wyoming County Fairgrounds

Directions

Use Google Maps to locate the Wyoming County Fairgrounds located off Rt. 6 in Meshoppen, PA.

Parking

All buses and vans should drop runners off near the pavilions as directed by the traffic monitors. Buses and vans should enter at the main entrance to the Wyoming County Fairgrounds just off Rt. 6. All Buses and vans will exit through the back exit of the fairgrounds. Officials may park in the parking lots beyond the finish line area. Again, please follow the instructions of the traffic monitors.

Spectators

No spectators are allowed at this years' District II Cross Country Championships due to the pandemic.

Registration

Coaches should register their teams and pick up their packets (with runners' bibs in them) from race officials as they arrive at the pavilions and exit their van/bus. If there is an issue with a runner's bib, see Adam Wilmot, whose truck will be by the finish line. **Note: Bibs must correspond to the proper runner and must be attached as instructed.**

Rules & Regulations

- We are invited guests of the Wyoming County Fairgrounds. **Coaches must take full responsibility for the behavior of their athletes.**
- **Pets are not allowed.**

Bathrooms

Porta-a-Lavs will be available near the pavilion.

Touring the Cross Country Course

Arrive no sooner than 1.5 hours before your race, so your athletes have time to tour the course.

Spikes

Runners may wear either racing flats or racing spikes up to a maximum of ¾" spikes.

Start Line

The start line will be clearly marked. Coaches will be given their assigned starting zones in their packets. Runners should be at the start line 10 minutes before each race.

Scoring

Timing and scoring will be done by Wil-Time Event Management. Each runner must wear his/her assigned bib. As we are using disposable Bibs, there is no need to return them. Runners keep them.

Finish Line

The finish line area will not have a chute. However, the approach to the finish line and the finish line area itself will still be roped off. Its width will be determined by the width of the timing mats. **In the majority of cases, the Bib will determine the official place; however, Race Officials will be at the finish line and will be using the torso, as verified by FinishLynx camera to determine the order of finish when it is tight at the line. Any bibs not used should be returned intact.**

Aiding & Abetting Coaches will be able to view their runners at several strategic points during the race without having to travel long distances. Coaches and runners must be careful not to run alongside athletes during the race. If a race official witnesses this behavior, the athlete involved will face a possible disqualification.

Note: This has not been a problem in the past, but this course may easily lend itself to coaches and athletes unknowingly getting excited and infringing on the rules.

Coaches:

Please keep runners who may be watching another race, to stay away from the timing mats, if they are wearing their Bibs.

Masks

Runners should wear a mask when not warming up or competing in the race. All coaches should also wear masks to protect themselves and others.

Coaches' Meeting

There is no coaches' meeting. All the information coaches need will be in the packet they are given as they enter the Wyoming County Fairgrounds.

Awards Ceremony

No awards ceremony this year.

Results

The results will be posted on the Internet at www.pa.milesplit.com and at the District II website at <http://www.piaad2.org/> Results will also be posted on a display board at an area to be announced.

If a coach has an issue with anything at all on the day of the race, please contact either Jack or me at the Administration tent.

Dave Grecco, Race Director
Jack McAuliffe, Assistant Race Director

BEST OF LUCK!