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2010-11 Lackawanna Wrestling League

Division 1
 West Scranton
 Honesdale
 Abington Heights
 Wallenpaupack
 Delaware Valley
 Scranton

Division 2
 Scranton Prep
 Susquehanna
 Valley View
 Elk Lake
 Western Wayne
 Montrose
 Lackawanna Trail
 Blue Ridge

Wednesday, 1/5
 West Scranton @
 Delaware Valley @
 Wallenpaupack @
 Western Wayne @
 Blue Ridge @
 Elk Lake @
 Valley View @

Abington Heights
 Honesdale
 Scranton
 Scranton Prep
 Susquehanna
 Lackawanna Trail
 Montrose

Wednesday, 1/19
 Scranton @
 West Scranton @
 Abington Heights @
 Western Wayne @
 Montrose @
 Scranton Prep @
 Valley View @

Delaware Valley
 Honesdale
 Wallenpaupack
 Lackawanna Trail
 Elk Lake
 Blue Ridge
 Susquehanna

Saturday, 1/29
 Western Wayne @
 Elk Lake @
 Lackawanna Trail @
 Valley View @

Blue Ridge
 Susquehanna
 Montrose
 Scranton Prep

Wednesday, 1/12
 Abington Heights @
 Honesdale @
 Wallenpaupack @
 Susquehanna @
 Scranton Prep @
 Lackawanna Trail @
 Valley View @

Delaware Valley
 Scranton
 West Scranton
 Western Wayne
 Montrose
 Blue Ridge
 Elk Lake

Saturday, 1/22
 Elk Lake @
 Blue Ridge @
 Susquehanna @
 Lackawanna Trail @

Western Wayne
 Montrose
 Scranton Prep
 Valley View

Wednesday, 2/2
 Scranton @
 Wallenpaupack @
 Delaware Valley @

Abington Heights
 Honesdale
 West Scranton

Saturday, 1/15
 Montrose @
 Susquehanna @
 Elk Lake @
 Blue Ridge @

Western Wayne
 Lackawanna Trail
 Scranton Prep
 Valley View

Wednesday, 1/26
 Honesdale @
 Delaware Valley @
 Scranton @
 Blue Ridge @
 Scranton Prep @
 Montrose @
 Valley View @

Abington Heights
 Wallenpaupack
 West Scranton
 Elk Lake
 Lackawanna Trail
 Susquehanna
 Western Wayne

