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**2013 Lackawanna Boys Track League**

Division 1	Division 2	Division 3	Division 4
Scranton	Delaware Valley	Carbondale	Blue Ridge
West Scranton	Wallenpaupack	Dunmore	Elk Lake
Scranton Prep	Western Wayne	Holy Cross	Montrose
Abington Heights	Honesdale	Lakeland	Mt. View
Valley View	North Pocono	Mid Valley	Susquehanna
		Riverside	Lackawanna Trail

*Crossovers between divisions do not count in the standings*

Tuesday, 3/26  
**Valley View @**  
 Scranton @  
**North Pocono @**  
 Honesdale @  
**Western Wayne @**  
 Riverside @  
**Dunmore @**  
 Carbondale @  
**Lackawanna Trail @**  
 Elk Lake @  
**Blue Ridge @**

Abington Heights  
**Scranton Prep**  
 Wallenpaupack  
**Delaware Valley**  
 West Scranton  
**Lakeland**  
 Holy Cross  
**Mid Valley**  
 Mt. View  
**Montrose**  
 Susquehanna

Tuesday, 4/2  
 Scranton Prep @  
**Abington Heights @**  
 Delaware Valley @  
**Wallenpaupack @**  
**Scranton @**  
**Holy Cross @**  
 Riverside @  
**Lakeland @**  
**Montrose @**  
 Lackawanna Trail @  
 Mt. View @  
**Valley View**  
 West Scranton  
**North Pocono**  
 Western Wayne  
 Honesdale  
 Mid Valley  
 Dunmore  
 Carbondale  
 Susquehanna  
 Elk Lake  
 Blue Ridge

Tuesday, 4/9  
**Abington Heights @** Scranton  
 West Scranton @ **Valley View**  
**Wallenpaupack @** Honesdale  
 Western Wayne @ **North Pocono**  
**Delaware Valley @** Scranton Prep  
 Holy Cross @ **Lakeland**  
**Riverside @** Carbondale  
 Mid Valley @ **Dunmore**  
**Montrose @** Mt. View  
 Lackawanna Trail @ **Blue Ridge**  
 Susquehanna @ **Elk Lake**

Tuesday, 4/16  
 Scranton Prep @  
 Honesdale @  
**Wallenpaupack @**  
**Valley View @**  
 West Scranton @  
 Susquehanna @  
 Carbondale @  
 Blue Ridge @  
**Dunmore @**  
 Elk Lake @  
**North Pocono**  
**Abington Heights**  
 Scranton  
 Western Wayne  
**Delaware Valley**  
**Riverside**  
**Montrose**  
**Lakeland**  
 Lackawanna Trail  
 Mt. View  
**Holy Cross**

Tuesday, 4/23  
**Scranton @**  
**Scranton Prep @**  
 Honesdale @  
 Delaware Valley @  
**North Pocono @**  
**Dunmore @**  
**Lakeland @**  
**Holy Cross @**  
 Elk Lake @  
 Mt. View @  
**Montrose @**

West Scranton  
 Abington Heights  
 Western Wayne  
**Wallenpaupack**  
 Valley View  
 Carbondale  
 Mid Valley  
 Riverside  
**Blue Ridge**  
**Susquehanna**  
 Lackawanna Trail

Monday, 4/29  
 West Scranton @  
**Valley View @**  
 Western Wayne @  
**North Pocono @**  
**Abington Heights @**  
 Mid Valley @  
 Carbondale @  
**Lakeland @**  
 Susquehanna @  
 Blue Ridge @  
 Mt. View @  
**Scranton Prep**  
 Scranton  
**Delaware Valley**  
 Honesdale  
**Wallenpaupack**  
**Riverside**  
**Holy Cross**  
 Dunmore  
**Lackawanna Trail**  
**Montrose**  
 Elk Lake

Tuesday, 4/30  
 Jordan Relays  
 Friday, 5/3  
 Bob Spagna Meet



