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2017 Lackawanna Boys Cross Country

Thursday, 9/7			Tuesday, 9/12			Tuesday, 9/19			Tuesday, 9/26 (Clusters)		
Scranton @ Valley View	17-41	Score	Dunmore @ Forest City	15-50	Score	Scranton Prep @ West Scranton	18-45	Score	Abington Heights vs. North Pocono	15-50	Score
Scranton vs. Abington Heights	23-34		Scranton vs. Honesdale	18-45		Scranton Prep vs. Scranton	17-44		Valley View vs. North Pocono	21-40	
Scranton vs. North Pocono	17-41		Dunmore vs. Western Wayne	15-50		Scranton Prep vs. Mid Valley	21-40		Abington Heights vs. Valley View	15-50	
West Scranton @ Valley View	24-35		Forest City vs. Forest City	15-50		Holy Cross @ West Scranton	21-40		Honesdale @ Western Wayne	20-41	
West Scranton vs. Abington Heights	15-48		Honesdale vs. Honesdale	18-45		Holy Cross vs. Scranton	20-14		Honesdale vs. Forest City	16-45	
West Scranton vs. North Pocono	25-33		Western Wayne vs. Western Wayne	15-50		Holy Cross vs. Mid Valley	17-40		Forest City @ Western Wayne	22-33	
Mid Valley @ Valley View	24-35		Old Forge vs. Forest City	15-50		Abington Heights @ Honesdale	19-41		Montrose @ Blue Ridge	15-50	
Mid Valley vs. Abington Heights	15-49		Old Forge vs. Honesdale	15-50		Abington Heights vs. Western Wayne	15-50		Montrose vs. Elk Lake	21-40	
Mid Valley vs. North Pocono	25-34		Old Forge vs. Western Wayne	15-50		Abington Heights vs. Forest City	15-50		Elk Lake @ Blue Ridge	25-30	
Montrose @ Old Forge	15-50		Montrose @ Susquehanna	15-50		North Pocono @ Honesdale	20-49		Delaware Valley vs. Wallenpaupack	15-46	
Montrose vs. Dunmore	15-50		Montrose vs. Mt. View	15-50		North Pocono vs. Western Wayne	15-50		Scranton Prep @ Holy Cross	26-29	
Montrose vs. Riversiders	15-50		Montrose vs. Lackawanna Trail	15-50		North Pocono vs. Forest City	21-40		Scranton vs. West Scranton	16-49	
Blue Ridge @ Old Forge	15-50		Montrose vs. Lakeland	17-43		Valley View @ Honesdale	19-40		Scranton vs. Mid Valley	15-50	
Blue Ridge vs. Dunmore	15-50		Blue Ridge @ Susquehanna	24-31		Valley View vs. Western Wayne	15-50		West Scranton vs. Mid Valley	15-50	
Blue Ridge vs. Riversiders	15-50		Blue Ridge vs. Mt. View	23-32		Valley View vs. Forest City	21-40		Riverside @ Dunmore	15-50	
Elk Lake @ Old Forge	15-50		Blue Ridge vs. Lackawanna Trail	17-38		Dunmore @ Lakeland	16-47		Riverside vs. Old Forge	15-50	
Elk Lake vs. Dunmore	15-50		Blue Ridge vs. Lakeland	19-44		Dunmore vs. Lackawanna Trail	22-33		Old Forge @ Dunmore	26-33	
Elk Lake vs. Riversiders	15-50		Elk Lake @ Susquehanna	15-39		Dunmore vs. Mt. View	28-29		Lakeland vs. Susquehanna	17-44	
Lakeland @ Wallenpaupack	16-42		Elk Lake vs. Mt. View	17-38		Dunmore vs. Susquehanna	22-37		Lakeland vs. Mt. View	15-50	
Lakeland vs. Delaware Valley	22-39		Elk Lake vs. Lackawanna Trail	16-43		Dunmore @ Lakeland	18-45		Lakeland vs. Lackawanna Trail	15-50	
Susquehanna @ Wallenpaupack	15-49		Elk Lake vs. Lakeland	25-34		Riverside @ Lackawanna Trail	23-32		Susquehanna vs. Mt. View	21-39	
Susquehanna vs. Delaware Valley	24-35		Elk Lake vs. Scranton	21-38		Riverside vs. Mt. View	25-30		Susquehanna vs. Lackawanna Trail	22-37	
Lackawanna Trail @ Wallenpaupack	15-50		Delaware Valley @ West Scranton	20-39		Riverside vs. Susquehanna	23-34		Lackawanna Trail vs. Mt. View	26-30	
Lackawanna Trail vs. Delaware Valley	16-45		Delaware Valley vs. Mid Valley	18-45		Old Forge @ Lakeland	15-50				
Mt. View @ Wallenpaupack	15-50		Delaware Valley vs. Scranton	18-39		Old Forge vs. Lackawanna Trail	23-34				
Mt. View @ Delaware Valley	15-50		Wallenpaupack @ West Scranton	15-48		Old Forge vs. Mt. View	24-31				
Scranton Prep @ Honesdale	27-29		Wallenpaupack vs. Mid Valley	15-49		Old Forge vs. Susquehanna	22-37				
Scranton Prep vs. Forest City	18-45		Scranton Prep @ Abington Heights	16-47		Delaware Valley @ Montrose	15-49				
Scranton Prep vs. Western Wayne	15-50		Scranton Prep vs. North Pocono	21-40		Delaware Valley vs. Blue Ridge	26-29				
Holy Cross @ Honesdale	25-30		Scranton Prep vs. Valley View	24-31		Delaware Valley vs. Elk Lake	24-32				
Holy Cross vs. Forest City	18-45		Holy Cross @ Abington Heights	20-42		Wallenpaupack @ Montrose	25-32				
Holy Cross vs. Western Wayne	15-50		Holy Cross vs. North Pocono	20-41		Wallenpaupack vs. Blue Ridge	15-49				
			Holy Cross vs. Valley View	23-32		Wallenpaupack vs. Elk Lake	17-44				
Tuesday, 9/26			Tuesday, 10/3			Tuesday, 10/10			Tuesday, 10/17		
Abington Heights @ Blue Ridge	16-46	Score	Abington Heights @ Wallenpaupack	25-31	Score	Dunmore @ Valley View	18-45	Score	Lakeland @ North Pocono	17-44	Score
Abington Heights vs. Montrose	27-34		Abington Heights vs. Delaware Valley	16-45		Dunmore vs. Abington Heights	15-50		Lakeland vs. Abington Heights	15-42	
Abington Heights vs. Elk Lake	21-40		North Pocono @ Wallenpaupack	15-50		Dunmore vs. North Pocono	18-43		Lakeland vs. Valley View @ NP	16-45	
North Pocono @ Blue Ridge	21-34		North Pocono vs. Delaware Valley	17-42		Riverside @ Valley View	20-43		Lackawanna Trail @ North Pocono	20-37	
North Pocono vs. Montrose	15-50		Valley View @ Wallenpaupack	15-50		Riverside vs. Abington Heights	15-49		Lackawanna Trail vs. Abington Heights	15-50	
North Pocono vs. Elk Lake	24-33		Valley View vs. Delaware Valley	18-42		Riverside vs. North Pocono	20-38		Lackawanna Trail vs. Valley View	17-44	
Valley View @ Blue Ridge	26-31		Montrose @ Forest City	15-50		Old Forge @ Old Forge	19-42		Mt. View @ North Pocono	18-43	
Valley View vs. Montrose	15-50		Montrose vs. Honesdale	25-30		Old Forge vs. Abington Heights	15-50		Mt. View vs. Abington Heights	15-50	
Valley View vs. Elk Lake	25-32		Montrose vs. Western Wayne	25-30		Old Forge vs. North Pocono	21-39		Mt. View vs. Valley View	18-45	
Delaware Valley vs. Western Wayne	21-34		Blue Ridge vs. Forest City	15-50	Double FT	Honesdale @ Mt. View	18-45		Susquehanna @ North Pocono	26-29	
Delaware Valley vs. Honesdale	27-28		Blue Ridge vs. Honesdale	15-50		Susquehanna vs. Susquehanna	20-41		Susquehanna vs. Abington Heights	15-48	
Delaware Valley vs. Forest City	17-46		Blue Ridge vs. Western Wayne	15-50		Honesdale vs. Lackawanna Trail	15-49		Susquehanna vs. Valley View	22-36	
Wallenpaupack vs. Western Wayne	19-44		Elk Lake vs. Forest City	15-50		Honesdale vs. Lakeland	22-37		Dunmore @ Delaware Valley	15-47	
Wallenpaupack vs. Honesdale	15-46		Elk Lake vs. Honesdale	16-41		Western Wayne @ Mt. View	25-30		Dunmore vs. Wallenpaupack	15-50	
Wallenpaupack vs. Forest City	15-50		Elk Lake vs. Western Wayne	19-39		Western Wayne vs. Susquehanna	26-31		Riverside @ Delaware Valley	18-45	
Lakeland @ Holy Cross	23-34		Scranton @ Lackawanna Trail	15-50		Western Wayne vs. Lackawanna Trail	24-31		Riverside vs. Wallenpaupack	15-49	
Lakeland vs. Scranton Prep	28-29		Scranton vs. Lakeland	27-30		Western Wayne vs. Lakeland	20-43		Old Forge @ Delaware Valley	15-50	
Lackawanna Trail @ Holy Cross	16-45		Scranton vs. Mt. View	16-47		Forest City @ Mt. View	15-50		Old Forge vs. Wallenpaupack	15-50	
Lackawanna Trail vs. Scranton Prep	16-43		Scranton vs. Susquehanna	18-38		Forest City vs. Susquehanna	15-50		Honesdale @ Mid Valley	19-44	
Mt. View @ Holy Cross	18-45		West Scranton @ Lackawanna Trail	23-35		Forest City vs. Lackawanna Trail	15-50		Honesdale vs. West Scranton	18-42	
Mt. View vs. Scranton Prep	16-43		West Scranton vs. Lakeland	19-44		Forest City vs. Lakeland	15-50		Honesdale vs. Scranton	18-41	
Susquehanna @ Holy Cross	22-37		West Scranton vs. Mt. View	19-44		Scranton @ Montrose	18-45		Western Wayne @ Mid Valley	15-50	
Susquehanna vs. Scranton Prep	18-39		West Scranton vs. Susquehanna	22-33		Scranton vs. Elk Lake	23-28		Western Wayne vs. West Scranton	15-50	
Scranton @ Dunmore	15-50		Mid Valley @ Lackawanna Trail	23-34		Scranton vs. Blue Ridge	18-39		Western Wayne vs. Scranton	15-50	
Scranton vs. Riversiders	15-50		Mid Valley vs. Lakeland	15-50		West Scranton @ Montrose	15-50		Forest City @ Mid Valley	15-50	
Scranton vs. Old Forge	15-40		Mid Valley vs. Mt. View	26-29		West Scranton vs. Elk Lake	17-40		Forest City vs. West Scranton	15-50	
West Scranton @ Dunmore	19-42		Mid Valley vs. Susquehanna	18-45		West Scranton vs. Blue Ridge	21-34		Forest City vs. Scranton	15-50	
West Scranton vs. Riversiders	15-50		Scranton Prep @ Riverside	18-45		Mid Valley @ Montrose	15-50		Scranton Prep @ Elk Lake	27-30	
West Scranton vs. Old Forge	21-40		Scranton Prep vs. Dunmore	16-47		Mid Valley vs. Elk Lake	16-44		Scranton Prep vs. Montrose	19-42	
Mid Valley @ Dunmore	15-50		Scranton Prep vs. Old Forge	16-46		Mid Valley vs. Blue Ridge	16-39		Scranton Prep vs. Blue Ridge	18-40	
Mid Valley vs. Riversiders	Double FT		Holy Cross @ Riverside	17-46		Delaware Valley @ Scranton Prep	23-34		Holy Cross @ Elk Lake	25-32	

Mid Valley vs. Old Forge	15-50	Holy Cross vs. Holy Cross vs.	Dunmore Old Forge	17-46 15-47	Delaware Valley vs. Wallenpaupack @ Wallenpaupack vs.	Holy Cross Scranton Prep Holy Cross	25-30 19-42 18-42	Holy Cross vs. Holy Cross vs.	Montrose Blue Ridge	20-43 20-38
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Last Updated Wednesday,
October 18 2017 @ 11:09 pm
EDT; 2,153 Hits 