



2023 LACKAWANNA GIRLS CROSS COUNTRY

8 CLUSTERS

#1	ABINGTON HEIGHTS	NORTH POCONO	VALLEY VIEW
#2	SUSQUEHANNA	MT. VIEW	FOREST CITY
#3	MONTROSE	BLUE RIDGE	ELK LAKE
#4	DELAWARE VALLEY	WALLENPAUPACK	HONESDALE
#5	SCRANTON PREP	HOLY CROSS	CARBONDALE
#6	SCRANTON	WEST SCRANTON	MID VALLEY
#7	LAKELAND	LACK. TRAIL	WESTERN WAYNE
#8	DUNMORE	RIVERSIDE	OLD FORGE

MEET SCHEDULE – LOCATIONS OF MEET IN BOLD

MEET #1 (WED 9/6)

Cluster 1 @ 8 Old Forge
 Cluster 2 @ 7 Trail
 Cluster 3 @ 6 Mid Valley
 Cluster 5 @ 4 Wallenpaupack

MEET #2 (TUES 9/12)

Cluster 1 @ 7 Lakeland
 Cluster 4 @ 8 Dunmore
 Cluster 6 @ 2 Susquehanna
 Cluster 5 @ 3 Elk Lake

MEET #3 (TUES 9/19)

Cluster 6 @ 1 Valley View
 Cluster 8 @ 3 Montrose
 Cluster 7 @ 4 Delaware Valley
 Cluster 2 @ 5 Holy Cross

MEET #4 (TUES 9/26)

Cluster 2 @ 8 Riverside
 Cluster 7 @ 3 Blue Ridge
 Cluster 6 @ 4 Wallenpaupack
 Cluster 5 @ 1 North Pocono

MEET #5 (TUES 10/3)

Cluster 6 @ 5 Carbondale
 Cluster 2 @ 1 Valley View
 Cluster 8 @ 7 Western Wayne
 Cluster 4 @ 3 Montrose

MEET #6 (TUES 10/10)

Cluster 3 @ 1 North Pocono
 Cluster 2 @ 4 Honesdale
 Cluster 5 @ 7 Lakeland
 Cluster 8 @ 6 West Scranton

MEET #7 (TUES 10/17)

CLUSTER MEETS WILL BE RUN ON 9/26 (4TH MEET OF THE SEASON)

Cluster 4 @ 1 Abington Heights

Cluster 3 @ 2 Mt. View

Cluster 7 @ 6 Scranton

Cluster 8 @ 5 Scranton Prep

RESULTS – CLUSTERS 1 THROUGH 4

GIRLS CROSS COUNTRY

OPP	AH	VV	NP	SUS	MTV	FC	EL	MON	BR	DV	WALL	HON
AH		24-35	19-44	15-50	19-44	15-50	15-50	15-50	15-50	15-48	18-45	20-43
VV	24-35		27-28	15-50	23-35	17-46	17-44	21-38	17-44	19-42	23-34	26-30
NP	19-44	27-28		15-46	26-31	19-42	19-41	23-35	19-40	24-37	23-32	22-33
SUS	15-50	15-50	15-46		18-41	9-12	21-34	20-37	21-36	15-46	15-46	15-48
MTV	19-44	23-35	26-31	18-41		20-40	24-31	26-29	22-33	23-34	24-34	23-35
FC	15-50	17-46	19-42	9-12	20-40		17-38	18-40	17-41	15-48	15-48	16-47
EL	15-50	17-44	19-41	21-34	24-31	17-38		19-38	23-34	19-38	20-38	19-49
MON	15-50	21-38	23-35	20-37	26-29	18-40	19-38		22-33	24-33	25-32	26-31
BR	15-50	17-44	19-40	21-36	22-33	17-41	23-34	22-33		21-36	20-37	17-42
DV	15-48	19-42	24-37	15-46	23-34	15-48	19-38	24-33	21-36		27-28	27-28
WAL	18-45	23-34	23-32	15-46	24-34	15-48	20-38	25-32	20-37	27-28		27-28
HON	20-43	26-30	22-33	15-48	23-35	16-47	19-49	26-31	17-42	27-28	27-28	
SP	15-50	18-40	17-38	15-49	22-35	22-39	23-36	23-34	24-33	23-34	15-48	18-37
HC	15-50	16-40	15-45	17-42	20-35	22-39	24-35	22-34	27-28	23-34	18-45	18-39
CAR	15-50	15-50	15-50	15-50	15-50	15-50	15-50	15-50	15-50	15-50	15-50	15-50
SCR	15-50	15-50	15-49	18-34	18-39	24-29	24-31	21-35	23-33	19-39	17-43	15-46
WS	15-49	17-44	19-42	20-32	19-39	26-27	23-32	20-37	22-36	21-38	20-39	20-39
MID	15-50	15-50	15-50	20-23	17-42	19-29	19-36	17-42	19-40	15-49	15-49	15-50
LT	15-50	15-50	15-48	9-12	17-41	10-11	21-38	17-41	19-39	18-43	15-47	15-46
LAK	17-46	23-36	25-34	20-39	24-33	22-37	23-34	25-32	27-30	24-33	23-36	23-36
WW	15-50	17-46	17-46	10-26	19-37	27-32	24-31	20-35	26-29	19-38	16-47	16-45
DUN	15-50	16-48	16-48	9-12	16-46	9-12	20-32	16-42	19-40	17-46	17-42	16-47
OF	15-50	15-50	16-47	18-42	21-35	23-38	25-32	19-36	24-32	24-31	17-39	16-39
RIV	15-50	15-50	15-50	9-12	19-41	10-11	22-31	18-40	21-37	15-48	15-49	15-50

RESULTS – CLUSTERS 5 THROUGH 8

GIRLS CROSS COUNTRY

OPP	SP	HC	CAR	SCR	WS	MID	LT	LAK	WW	DUN	OF	RIV
AH	15-50	15-50	15-50	15-50	15-49	15-50	15-50	17-46	15-50	15-50	15-50	15-50
VV	18-40	16-40	15-50	15-50	17-44	15-50	15-50	23-36	17-46	16-48	15-50	15-50
NP	17-38	15-45	15-50	15-49	19-42	15-50	15-48	25-34	17-46	16-48	16-47	15-50
SUS	15-49	17-42	15-50	18-34	20-32	20-23	9-12	20-39	10-26	9-12	18-42	9-12
MTV	22-35	20-35	15-50	18-39	19-39	17-42	17-41	24-33	19-37	16-46	19-41	21-35
FC	22-39	22-39	15-50	24-29	26-27	19-29	10-11	22-37	27-32	9-12	10-11	23-38
EL	23-36	24-35	15-50	24-31	23-32	19-36	21-38	23-34	24-31	20-32	25-32	22-31
MON	23-34	22-34	15-50	21-35	20-37	17-42	17-41	25-32	20-35	16-42	19-36	18-40
BR	24-33	27-28	15-50	23-33	22-36	19-40	19-39	27-30	26-29	19-40	24-32	21-37
DV	23-34	23-34	15-50	19-39	21-38	15-49	18-43	24-33	19-38	17-46	24-31	15-48
WAL	15-48	18-45	15-50	17-43	20-39	15-48	15-47	23-36	16-47	17-42	17-39	15-49
HON	18-37	18-39	15-50	15-46	20-39	15-50	15-46	23-36	16-45	16-47	16-39	15-50
SP		20-35	15-50	24-33	27-32	20-43	23-38	25-36	17-44	19-44	19-44	20-43
HC	20-35		15-50	24-33	27-32	19-44	19-41	25-36	18-39	17-45	19-36	20-43
CAR	15-50	15-50		10-26	10-26	1-2	6-15	15-50	10-26	3-7	15-50	1-2
SCR	24-33	24-33	10-26		16-20	11-25	18-18 TB	24-31	25-30	13-23	26-32	14-22
WS	27-32	27-32	10-26	16-20		11-25	15-21	24-33	26-29	12-24	29-30	14-22
MID	20-43	19-44	1-2	11-25	11-25		6-15	15-50	15-40	1-2	20-43	1-2
LT	23-38	19-41	6-15	18-18 TB	15-21	6-15		20-38	20-35	20-23	23-38	5-5 TB
LAK	25-36	25-36	15-50	24-31	24-33	15-50	20-38		26-29	18-41	25-36	22-36
WW	17-44	18-39	10-26	25-30	26-29	15-40	20-35	26-29		19-36	27-30	22-33
DUN	19-44	17-45	3-7	13-23	12-24	1-2	20-23	18-41	19-36		24-43	8-13
OF	19-44	19-36	15-50	26-32	29-30	20-43	23-38	25-36	27-30	24-43		20-42
RIV	20-43	20-43	1-2	14-22	14-22	1-2	5-5 TB	22-36	22-33	8-13	20-42	