

2025 DISTRICT II VARSITY A/AA/AAA CROSS COUNTRY CHAMPIONSHIPS

To: Athletic Directors and Cross Country Coaches

September 25, 2025

From: Dr. Chad Vinansky, District II Cross Country Chairperson

Eric Emmerich, District II Cross County Co- Chairperson

Dr. Peter Jordan, District II Cross Co-Chairperson

Ted Anderson. Liaison

I am writing to inform you about the upcoming District II Cross Country Championship Race. We want to tell you that tents will be permitted at the event, allowing participants to set up their own designated areas for rest and relaxation. In preparation for the event, we highly recommend that all attendees provide their own food and water to ensure they have access to their preferred refreshments throughout the day. Please remind your student athletes and fans to clean up their areas. We are excited to announce that a concession stand will be available on the premises to cater to the needs of all attendees.

The District II Varsity Cross-Country Championships will be held at the **Wyoming County Fairgrounds**, 9141 US-6, Meshoppen, PA, 18630 on Wednesday, October 22, 2025. The makeup date, if needed, is Thursday, Oct. 23rd. You will be notified well in advance if we need to postpone. Only seven runners can compete. All competitors will run in their assigned race according to classification and gender. Please note the schedule below for this year.

Meet Directors will present medals to participants and the coaches after each race.

This year, we will be using reusable shoe chips. Chips must be collected by each coach and returned to Adam Wilmot. **ATHLETES CAN KEEP THEIR BIBS.**

ATHLETIC DIRECTORS/COACHES: PLEASE NOTE THAT THE ENTRY FEE IS \$8.00 PER RUNNER ENTERED INTO DISTRICT II CHAMPIONSHIPS. PLEASE SEND CHECKS, MADE OUT TO "PIAA DISTRICT II" TO Patrick Patte, 40 Elm Street, Mountaintop, PA 18707. All checks that are handed in on race day will be submitted to Dr. Vinansky.

The **tentative time schedule** is as follows: Please arrive 1 ½ hours before your race.

- Coaches Meeting for "A Boys and Girls Coaches at 9:50 A.M.
- Coaches Meeting for "AAA Boys and Girls Coaches at 11:20 A.M.
- Coaches Meeting for "AA Boys and Girls Coaches at 12:50 P.M.

<u>DIVISION</u>	DATE	TIME	DISTANCE	<u>MEDALS</u>
Boys' Varsity A	Oct. 22 nd	10:00 AM	5 km (3.1 mi.)	15
Girls' Varsity A	Oct. 22 nd	10:45 AM	5 km (3.1 mi.)	15
Boys' Varsity AAA	Oct. 22 nd	11:30 AM	5 km (3.1 mi.)	15
Girls' Varsity AAA	Oct. 22 nd	12:15 PM	5 km (3.1 mi.)	15
Boys' Varsity AA	Oct. 22 nd	1:00 PM	5 km (3.1 mi.)	15
Girls' Varsity AA	Oct. 22 nd	1:45 PM	5km (3.1 mil)	15

Note: THERE WILL BE NO B RACE.

All competitors must wear their school uniform. No additions to the school uniform will be permitted. If weather conditions warrant, protective gloves, headwear, etc. may be worn. Any approval for weather related equipment will be given prior to each race. ALL RULES OF THE NATIONAL FEDERATION AND THE PIAA FOR CROSS COUNTRY WILL BE IN EFFECT AND FOLLOWED.

WE WILL BE USING WIL-TIME EVENT MANAGEMENT FOR BOTH THE TIMING SYSTEM AND THE FINISH-LYNX PHOTO BACKUP SYSTEM FOR THE DISTRICT MEET. CHIP TIMING WILL BE UTILIZED THIS YEAR.

Note: Bibs must correspond to the proper runner and must be attached as instructed at the meet. We are using chips this year. Please be certain to attach the Chip securely to the runner's shoe.

Plaques will be awarded to the top team and ten individual medals for the winning teams. District medals will be presented to the participants and coaches after each race in the stage area (same location as last year). Individual medals will be distributed to the individual runners, and a team award will be presented to the coach.

The number of teams and individuals who qualify for the state championships is listed below:

- A Boys and Girls will be 2 teams and 10 non-team individuals,
- AA Boys and Girls will be 2 teams and 10 non-team individuals
- AAA Boys and Girls will be 1 team and 5 non-team individuals

GENERAL INFORMATION

You may enter 7 runners as the school wishes. You may register and bring 1 alternate who must pay the registration fee. **The fee for all runners is \$8.00 per runner. You may bring your entire team to the race.** Checks are to be made payable only to **PIAA District 2** and should be sent to the address on the first page. Please do not make checks out to the meet director.

Please follow the instructions of the traffic monitors at the site.

INSTRUCTIONS FOR ENTERING VARSITY AND REGIONAL DISTRICT CHAMPIONSHIPS

All entries must be submitted online via the Internet. Coaches will go to the link following this paragraph and put in their own school's entries; this will eliminate the need for corrections to names, etc. on the day of the RACE. <u>Please do not use all capital letters or all small letters</u>. Type the name as it should be; example is John Smith. Detailed instructions will be on the website. You must have a valid email address. Results will be posted on the <u>District 2 website</u> at http://www.piaad2.org and on the entry website, which follows. Paper copies will not be distributed. Results of all races will be displayed as they become available. Feel free to contact me for assistance. Email preferred.

The link for entries is http://pa.milesplit.com/ and is available immediately. Once you are on the website, go to the Main Menu. You will need to log in, go to the Calendar, locate our District Meet and then enter your runners. You are responsible for accuracy of names and grades; along with Male or Female. Finally, if your 9th graders were on the Junior High team all year, they are not eligible to participate in the Varsity Championships. If they were on the varsity team all year, then they are eligible for the Varsity Championships. There will not be a Junior High Championship. Entry information will close at 5:00 PM on Monday, October 20, 2025. Any questions or problems at all, please contact Dr. Vinansky or Mr. Anderson immediately!

NO ENTRIES WILL BE ACCEPTED AFTER 5:00 PM ON THE 20th OF OCTOBER!!! NO EXCEPTIONS!!!

Email <u>ted.anderson@ssdedu.org</u> or by cell phone at 570-815-4510.

ADDITIONAL INSTRUCTIONS 2025 PIAA DISTRICT II CROSS COUNTRY CHAMPIONSHIPS

Wednesday, October 22, 2025 Wyoming County Fairgrounds

Directions

Use Google Maps to locate the Wyoming County Fairgrounds located off Rt. 6 in Meshoppen, PA.

Parking

All buses and vans should drop runners off near the pavilions as directed by the traffic monitors. Buses and vans should enter at the REAR entrance to the Wyoming County Fairgrounds just off Rt. 6. All Buses and vans will exit through the back exit of the fairgrounds. Officials may park in the parking lots beyond the finish line area. Again, please follow the instructions of the traffic monitors.

Spectators

Spectators are allowed at this year's District II Cross Country Championships. There is no charge for this event.

Registration

Coaches should register their teams and pick up their packets (with runners' bibs in them) from race officials as they arrive at the pavilions and exit their van/bus. If there is an issue with a runner's bib, see Adam Wilmot, whose truck will be by the finish line. **Note:** Bibs and Chips must correspond to the proper runner and must be attached as instructed.

Rules & Regulations

- We are invited guests of the Wyoming County Fairgrounds. Coaches must take full responsibility for the behavior of their athletes.
- Pets are not allowed. PLEASE TELL YOUR FANS!

Bathrooms

Port-a-Lavs will be available near the pavilion.

Port-a-Lavs will be available near the starting line for runners only.

Port-a-Lavs will be available near the finish line.

Port-a-Lavs will be available near the awards area.

Touring the Cross Country Course

Teams may tour the course beginning at 8:00 AM during race day.

Teams may come and tour/run the course on Tuesday, October 21, 2025.

Teams may come and tour/run the course on Saturday, October 18, 2025, after 1 p.m.

A course map will be provided prior to October 21, 2025 so that you may have one at the time of the tour/run.

INDIVIDUAL SCHOOLS ARE NOT TO CONTACT THE WYOMING COUNTY FAIRGROUNDS TO ARRANGE A "TOURING" TIME OUTSIDE OF THE PRESCRIBED TIMES LISTED ABOVE.

Spikes

Runners may wear either racing flats or racing spikes up to a maximum of 3/4" spikes.

Start Line

The start line will be clearly marked. <u>Coaches will be given their assigned starting zones in their packets</u>. Runners should be at the start line 10 minutes before each race.

Scoring

Timing and scoring will be done by Wil-Time Event Management. Each runner must wear his/her assigned bib. We will be using reusable shoe chips this year. Chips must be collected by each coach and returned to **Mr. Thomas Novakowski**, **or Mr. Adam Wilmot**.

Finish Line

The finish line area will not have a chute. However, the approach to the finish line and the finish line area itself will still be roped off. Its width will be determined by the width of the timing mats. In the majority of cases, the Chip will determine the official place; however, Race Officials will be at the finish line and will be using the torso, as verified by FinishLynx camera to determine the order of finish when it is tight at the line. Any Chips not used should be returned intact.

IMPORTANT

Garbage Disposal:

- Teams should bring their own **Garbage bags for trash**. The district will provide garbage bags to each team upon arrival. There will be a dumpster available, so please take your waste and dispose of it prior to departing.
- Coaches, spectators, and participants MUST return any chair, tables, etc. that they used during the event for their area back to the original location the items were located. This was an issue from last year especially with heavy picnic tables.

Aiding & Abetting

Coaches will be able to view their runners at several strategic points during the race without having to travel long distances. Coaches and runners must be careful not to run alongside athletes during the race. If a race official witnesses this behavior, the athlete involved will face a possible disqualification.

Note: This has not been a problem in the past, but this course may easily lend itself to coaches and athletes unknowingly getting excited and infringing on the rules.

Coaches:

Please keep runners who may be watching another race, to stay away from the timing mats, if they are wearing their Chips.

Coaches' Meeting

Coaches' meetings will be at the start line before each Boys' race. Coaches will be given a packet including a map of the course, race schedule and starting zones as they enter the Wyoming County Fairgrounds.

Medical:

- This year an ambulance will be at the race site for the entire event.
- There will be at least two or more trainers the day of the event.

Awards Ceremony

This will take place at the staging area. Same location as last year. Dr. Jordan will be presenting the medals.

Results

The results will be posted on the Internet at www.pa.milesplit.com and at the District II website at http://www.piaad2.org/ Results will also be posted on a display board at an area to be announced.

If a coach has an issue with anything at all on the day of the race, please contact a member of the Cross Country Committee, as listed on the top of the first page, at the Administration pavilion.

BEST OF LUCK!!

Dr. Chad Vinansky, District II Cross Country Chairperson Mr. Eric Emmerich, District II Cross Country Co-Chairperson Dr. Peter Jordan, District II Cross Country Representative

Mr. Ted Anderson, Liaison

