

Girls 100 Meter Dash AA

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Dist Record: N 12.22 5/16/2011 Lauren Ellsworth, Lackawanna Trail
 12.70 SQS
 13.90 DQT

Name	Year	School	Prelims	H#
Preliminaries				
1 Karissa Spade	10	Holy Redeeme	12.57qSQS	4
2 Chalice Guyette	11	Montrose	12.85qDQT	5 12.842
3 Kaiya Coleman	9	Gar Memorial	12.85qDQT	5 12.849
4 Cassidy Asinski	10	Western Wayn	13.17qDQT	3
5 vanessa Luna	10	Gar Memorial	13.31qDQT	1
6 Paige Olanovich	9	Riverside (2	13.35qDQT	4
7 Miya Roman	12	Northwest Ar	13.36qDQT	3 13.359
8 Tangi Smith	9	Montrose	13.36qDQT	2 13.360
9 Kelsey Jones	12	Northwest Ar	13.37 DQT	1
10 Abby Springer	10	Dunmore	13.41 DQT	5
11 Taylor Hall	9	Elmer L. Mey	13.50 DQT	2
12 Becca Laboranti	12	Mid Valley S	13.54 DQT	3
13 Kalie Quaglia	9	Holy Redeeme	13.57 DQT	4
14 Dennil Jackson	9	Hanover Area	13.68 DQT	4
15 MacKenzie White	9	Montrose	13.69 DQT	5
16 Isabella Jagoe	11	Lackawanna T	13.76 DQT	3 13.752
17 Jordan Spencer	9	Lackawanna T	13.76 DQT	1 13.755
18 Gabby Shonis	10	Lake Lehman	13.79 DQT	1
19 Kitt Patla	12	Lake Lehman	13.85 DQT	2
20 Rebecca Plomchok	9	Mountain Vie	14.05	2
21 Lauren Okuniewski	10	Northwest Ar	14.07	4
22 Kaylee Lorenzetti	10	Lakeland	14.13	4
23 Gabby Tetreault	9	Western Wayn	14.21	2
24 Karah Laboranti	12	Mid Valley S	14.32	2
25 Molly Zimmer	9	Dunmore	14.40	1 14.392
26 Alexa Karlowicz	9	Lake Lehman	14.40	5 14.394
27 Faith Sekol	9	Holy Redeeme	14.43	3
28 Hailey Griffin	10	Hanover Area	14.44	3
29 Sarah Chekan	10	Hanover Area	14.69	4
30 Giavonna Fiore	11	Blue Ridge	14.73	5
31 Giana Arnese	10	Carbondale A	14.93	3
32 Emily Dalton	11	Lackawanna T	15.11	5
33 Destiny McCarey	10	Elk Lake Hig	15.25	1
34 Cora Hadden	8	Susquehanna	15.72	2

Girls 100 Meter Dash AA

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Dist Record: N 12.22 5/16/2011 Lauren Ellsworth, Lackawanna Trail
 12.70 SQS
 13.90 DQT

Name	Year	School	Finals	Points
Finals				
1 Karissa Spade	10	Holy Redeeme	12.59 SQS	10
2 Chalice Guyette	11	Montrose	12.91 DQT	8
3 Cassidy Asinski	10	Western Wayn	13.07 DQT	6
4 Kaiya Coleman	9	Gar Memorial	13.12 DQT	5
5 Tangi Smith	9	Montrose	13.24 DQT	4
6 Miya Roman	12	Northwest Ar	13.34 DQT	3
7 vanessa Luna	10	Gar Memorial	13.51 DQT	2
8 Paige Olanovich	9	Riverside (2	13.53 DQT	1

Girls 200 Meter Dash AA

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Dist Record: N 25.69 2016 Amiah Lukowski, Greater Nanticoke
 26.25 SQS
 29.30 DQT

Name	Year	School	Prelims	H#
Preliminaries				
1 Karissa Spade	10	Holy Redeeme	26.11qSQS	2
2 Chalice Guyette	11	Montrose	26.97qDQT	4
3 Kaiya Coleman	9	Gar Memorial	27.00qDQT	1
4 Miya Roman	12	Northwest Ar	27.37qDQT	3
5 McKenzie Rhone	12	Susquehanna	27.53qDQT	4

6	Tangi Smith	9	Montrose	27.69	qDQT	2
7	Abby Springer	10	Dunmore	27.96	qDQT	2
8	Paige Olanovich	9	Riverside (2	27.98	qDQT	2
9	Taylor Hall	9	Elmer L. Mey	28.02	DQT	1
10	Kitt Patla	12	Lake Lehman	28.15	DQT	4
11	Rebecca Plomchok	9	Mountain Vie	28.27	DQT	3
12	Willow Burnell	11	Lackawanna T	28.56	DQT	4
13	Karah Laboranti	12	Mid Valley S	28.95	DQT	4
14	MacKenzie White	9	Montrose	28.97	DQT	2
15	Isabella Jagoe	11	Lackawanna T	29.09	DQT	2
16	Lauren Okuniewski	10	Northwest Ar	29.13	DQT	1
17	Elizabeth Pulice	12	Western Wayn	29.28	DQT	4
18	Alexa Karlowicz	9	Lake Lehman	29.57		3
19	Kaylee Lorenzetti	10	Lakeland	29.59		4
20	Carly Cavanaugh	11	Holy Redeeme	29.59		1
21	Gianna Howell	10	Hanover Area	30.10		3
22	Danielle Lamberti	10	Lackawanna T	30.29		4
23	Liz Talbot	11	Holy Cross H	31.45		3
24	Nina Havey	9	Hanover Area	32.42		1

29.587
29.589

Girls 200 Meter Dash AA

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Dist Record: N 25.69 2016 Amiah Lukowski, Greater Nanticoke
26.25 SQS
29.30 DQT

Name	Year	School	Finals	Points
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Finals

1	Karissa Spade	10	Holy Redeeme	25.86	SQS	10
2	Kaiya Coleman	9	Gar Memorial	26.97	DQT	8
3	Chalice Guyette	11	Montrose	27.22	DQT	6
4	Miya Roman	12	Northwest Ar	27.72	DQT	5
5	Tangi Smith	9	Montrose	27.90	DQT	4
6	Abby Springer	10	Dunmore	28.05	DQT	3
7	McKenzie Rhone	12	Susquehanna	28.35	DQT	2
8	Paige Olanovich	9	Riverside (2	28.89	DQT	1

Girls 400 Meter Dash AA

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Dist Record: N 57.53 5/16/2011 Lauren Ellsworth, Lackawanna Trail
59.85 SQS
68.50 DQT

Name	Year	School	Finals	H#	Points
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1	Annie Skirpan	12	Western Wayn	59.61	SQS	4	10
2	Madison Dewees	10	Holy Redeeme	60.01	DQT	4	8
3	Abby Lapinski	11	Holy Redeeme	61.55	DQT	4	6
4	Becca Laboranti	12	Mid Valley S	63.30	DQT	4	5
5	Karris Fazzi	12	Blue Ridge	64.09	DQT	3	4
6	Cecelia Huntington	11	Northwest Ar	64.12	DQT	4	3
7	Faith Sekol	9	Holy Redeeme	64.40	DQT	4	2
8	Morgan Patla	11	Lake Lehman	65.28	DQT	3	1
9	Paige Olanovich	9	Riverside (2	65.95	DQT	3	
10	Alexa Karlowicz	9	Lake Lehman	67.33	DQT	3	
11	Gianna Howell	10	Hanover Area	67.49	DQT	2	
12	Addie Piraino	10	Lakeland	67.50	DQT	3	
13	Grace Paul	10	Lakeland	67.61	DQT	2	1:07.609
14	Kayla Stokesberry	9	Western Wayn	67.61	DQT	3	1:07.610
15	Katie Alunni	12	Dunmore	68.05	DQT	3	
16	Liberty Stefalo	10	Lakeland	68.31	DQT	2	
17	Danielle Lamberti	10	Lackawanna T	68.50	DQT	3	
18	Sydney Barhite	11	Mountain Vie	69.53		1	
19	Jenna Krall	9	Susquehanna	71.82		1	
20	Brooke Coleman	10	Hanover Area	72.64		2	
21	Maria Wetzal	9	Lackawanna T	72.85		2	
22	Sydney Skrutski	11	Holy Cross H	73.34		2	
23	Monica Stuenzi	11	Lackawanna T	73.76		2	
24	Emma Chotkowski	9	Elk Lake Hig	75.34		2	
25	Angie Ford	12	Montrose	75.48		1	
26	Megan Wallis	12	Carbondale A	76.79		1	

Girls 800 Meter Run AA

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Dist Record: N 2:16.04 1996 Rebecca Mack, G.A.R. Memorial
2:20.60 SQS
2:40.00 DQT

Name	Year	School	Finals	H#	Points
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1	Anna Capaci	10	Holy Redeeme	2:24.60	DQT	2	10
	1:10.838 (1:10.838)		2:24.597 (1:13.759)				
2	Madison Dewees	10	Holy Redeeme	2:26.90	DQT	2	8

	1:11.810 (1:11.810)		2:26.899 (1:15.089)			
3	Skylar Arendt	9	Lakeland	2:30.04	DQT	2 6
	1:12.779 (1:12.779)		2:30.039 (1:17.261)			
4	Sophia Dabsheh	9	Lake Lehman	2:30.67	DQT	2 5
	1:12.937 (1:12.937)		2:30.661 (1:17.725)			
5	Karris Fazzi	12	Blue Ridge	2:31.60	DQT	2 4
	1:08.852 (1:08.852)		2:31.592 (1:22.741)			
6	Annie Skirpan	12	Western Wayn	2:33.61	DQT	2 3
	1:11.549 (1:11.549)		2:33.608 (1:22.059)			
7	Mikayla Zabrowski	10	Gar Memorial	2:34.08	DQT	2 2
	1:15.649 (1:15.649)		2:34.073 (1:18.425)			
8	Olivia James	9	Lakeland	2:36.56	DQT	2 1
	1:13.503 (1:13.503)		2:36.553 (1:23.051)			
9	Victoria James	11	Lackawanna T	2:36.88	DQT	2
	1:14.839 (1:14.839)		2:36.879 (1:22.041)			
10	Madison Hooper	11	Hanover Area	2:38.10	DQT	2
	1:13.809 (1:13.809)		2:38.093 (1:24.284)			
11	Georgia Smith	12	Montrose	2:38.18	DQT	2
	1:14.528 (1:14.528)		2:38.172 (1:23.645)			
12	Anyia Rusnak	10	Western Wayn	2:38.97	DQT	1
	1:18.470 (1:18.470)		2:38.962 (1:20.492)			
13	Morgan Haefele	12	Mid Valley S	2:40.81		2
	1:15.306 (1:15.306)		2:40.801 (1:25.496)			
14	Grace O'Donnell	9	Lake Lehman	2:44.14		1
	1:18.570 (1:18.570)		2:44.131 (1:25.561)			
15	Alex Tomaine	11	Holy Cross H	2:45.76		1
	1:19.134 (1:19.134)		2:45.754 (1:26.621)			
16	Tess Edwards	11	Northwest Ar	2:46.99		1
	1:20.666 (1:20.666)		2:46.985 (1:26.319)			
17	Courtney Davies	12	Mid Valley S	2:47.90		1
	1:23.410 (1:23.410)		2:47.896 (1:24.486)			
18	Alicia Orzechowski	10	Hanover Area	2:51.50		1
	1:23.124 (1:23.124)		2:51.496 (1:28.373)			
19	Selene Amigon	10	Gar Memorial	2:54.43		1
	1:22.932 (1:22.932)		2:54.428 (1:31.496)			
20	Grace Ursich	10	Carbondale A	3:10.39		1
	1:28.423 (1:28.423)		3:10.390 (1:41.967)			
21	Lyllian Lorenz	9	Susquehanna	3:11.93		1
	1:29.487 (1:29.487)		3:11.921 (1:42.435)			

Girls 1600 Meter Run AA

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Dist Record: N 5:05.54 1997 Lora Delaney, Bishop Hoban						
5:18.30 SQS						
6:12.00 DQT						
Name	Year	School	Finals		H#	Points
=====						
1	Abby Paczewski	11	Lake Lehman	5:17.94 SQS	2	10
	1:15.700 (1:15.700)		2:38.342 (1:22.643)	4:03.087 (1:24.745)		
	5:17.939 (1:14.852)					
2	Hannah Perkins	11	Montrose	5:19.68 DQT	2	8
	1:15.929 (1:15.929)		2:38.616 (1:22.688)	4:02.660 (1:24.044)		
	5:19.675 (1:17.016)					
3	Cameron Marcinkows	11	Holy Redeeme	5:26.56 DQT	2	6
	1:16.837 (1:16.837)		2:39.057 (1:22.221)	4:03.452 (1:24.395)		
	5:26.553 (1:23.102)					
4	Rachel Korty	9	Carbondale A	5:36.30 DQT	2	5
	1:16.651 (1:16.651)		2:42.421 (1:25.771)	4:12.155 (1:29.734)		
	5:36.291 (1:24.136)					
5	Molly Repecki	11	Holy Cross H	5:39.60 DQT	2	4
	1:17.175 (1:17.175)		2:42.822 (1:25.648)	4:11.711 (1:28.890)		
	5:39.591 (1:27.880)					
6	Madison Brdaric	10	Lake Lehman	5:42.88 DQT	2	3
	1:17.606 (1:17.606)		2:44.658 (1:27.052)	4:15.507 (1:30.849)		
	5:42.877 (1:27.371)					
7	Sadie Bosscher	11	Elk Lake Hig	5:46.32 DQT	2	2
	1:18.070 (1:18.070)		2:47.954 (1:29.884)	4:19.753 (1:31.799)		
	5:46.311 (1:26.559)					
8	Destiny Andes	11	Holy Redeeme	5:54.63 DQT	1	1
	1:22.788 (1:22.788)		2:56.623 (1:33.836)	4:30.813 (1:34.191)		
	5:54.627 (1:23.815)					
9	Hailey Estus	10	Western Wayn	5:57.36 DQT	2	
	1:17.640 (1:17.640)		2:46.511 (1:28.871)	4:22.893 (1:36.383)		
	5:57.358 (1:34.465)					
10	Kathryn Long	9	Mountain Vie	5:58.14 DQT	1	
	1:27.598 (1:27.598)		3:02.971 (1:35.373)	4:35.177 (1:32.207)		
	5:58.136 (1:22.960)					
11	Victoria James	11	Lackawanna T	5:58.74 DQT	2	
	1:18.244 (1:18.244)		2:50.569 (1:32.325)	4:28.546 (1:37.978)		
	5:58.736 (1:30.190)					
12	Sophia Bere	9	Holy Redeeme	5:59.37 DQT	1	

	1:25.579 (1:25.579)	2:59.570 (1:33.992)	4:35.485 (1:35.915)
	5:59.362 (1:23.878)		
13 Milana Straub	10 Northwest Ar	6:01.62 DQT	1
	1:24.332 (1:24.332)	2:59.744 (1:35.412)	4:34.987 (1:35.243)
	6:01.616 (1:26.629)		
14 Lauryn Pembleton	12 Lake Lehman	6:03.08 DQT	1
	1:26.233 (1:26.233)	3:00.021 (1:33.789)	4:35.840 (1:35.819)
	6:03.073 (1:27.234)		
15 Kaitlyn Farrell	9 Holy Cross H	6:06.41 DQT	1
	1:25.966 (1:25.966)	2:59.857 (1:33.892)	4:35.611 (1:35.754)
	6:06.405 (1:30.794)		
16 Emily Ferguson	10 Holy Cross H	6:20.49	1
	1:26.896 (1:26.896)	3:02.704 (1:35.808)	4:42.969 (1:40.265)
	6:20.486 (1:37.518)		
17 Kristen Lello	11 Riverside (2	6:50.04	1
	1:33.397 (1:33.397)	3:16.852 (1:43.456)	5:05.435 (1:48.584)
	6:50.031 (1:44.597)		

Girls 3200 Meter Run AA

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Dist Record: N 10:35.44 1981 Mary Wazeter, Meyers
13.40 DQT
11:35.00 SQS

Name	Year	School	Finals	Points
1 Cameron Marcinkows	11	Holy Redeeme	11:47.44	10
			1:20.193 (1:20.193)	
			2:46.683 (1:26.490)	4:14.182 (1:27.500)
			5:45.835 (1:31.653)	7:18.887 (1:33.053)
			10:28.792 (1:35.059)	11:47.433 (1:18.641)
2 Krista Jones	10	Elk Lake Hig	11:52.17	8
			1:17.961 (1:17.961)	
			2:44.146 (1:26.186)	4:13.919 (1:29.773)
			5:45.635 (1:31.716)	7:18.834 (1:33.200)
			10:28.839 (1:35.086)	11:52.167 (1:23.329)
3 Abby Paczewski	11	Lake Lehman	11:54.06	6
			1:20.454 (1:20.454)	
			2:47.072 (1:26.618)	4:15.493 (1:28.422)
			5:50.176 (1:34.683)	7:23.045 (1:32.870)
			10:30.642 (1:34.092)	11:54.060 (1:23.419)
4 Hannah Perkins	11	Montrose	12:17.13	5
			1:21.463 (1:21.463)	
			2:50.086 (1:28.624)	4:22.418 (1:32.332)
			5:56.914 (1:34.496)	7:33.144 (1:36.231)
			10:44.943 (1:34.405)	12:17.125 (1:32.183)
5 Shyanne Bennett	12	Elk Lake Hig	12:23.60	4
			1:19.157 (1:19.157)	
			2:46.620 (1:27.464)	4:15.515 (1:28.896)
			5:50.014 (1:34.499)	7:22.970 (1:32.957)
			10:45.126 (1:43.553)	12:23.592 (1:38.467)
6 Rachel Korty	9	Carbondale A	12:31.45	3
			1:19.640 (1:19.640)	
			2:47.702 (1:28.063)	4:22.235 (1:34.533)
			5:57.620 (1:35.385)	7:38.716 (1:41.097)
			11:01.456 (1:40.306)	12:31.445 (1:29.989)
7 Molly Repecki	11	Holy Cross H	12:36.32	2
			1:20.791 (1:20.791)	
			2:49.306 (1:28.516)	4:23.303 (1:33.997)
			6:00.434 (1:37.132)	7:39.735 (1:39.302)
			11:01.131 (1:40.302)	12:36.318 (1:35.187)
8 Kathryn Long	9	Mountain Vie	13:03.78	1
			1:32.334 (1:32.334)	
			3:12.061 (1:39.727)	4:49.845 (1:37.785)
			6:29.314 (1:39.469)	8:08.715 (1:39.402)
			11:31.220 (1:42.726)	13:03.774 (1:32.555)
9 Kaitlyn McCarthy	9	Hanover Area	13:11.32	
			1:28.576 (1:28.576)	
			3:05.172 (1:36.597)	4:44.391 (1:39.219)
			6:25.287 (1:40.897)	8:07.485 (1:42.198)
			11:35.634 (1:44.040)	13:11.312 (1:35.678)
10 Destiny Andes	11	Holy Redeeme	13:12.47	
			1:23.093 (1:23.093)	
			3:02.389 (1:39.297)	4:42.694 (1:40.305)
			6:25.716 (1:43.023)	8:09.725 (1:44.010)
			11:42.194 (1:45.328)	13:12.462 (1:30.268)
11 Madison Kammer	9	Western Wayn	13:35.18	
			1:27.801 (1:27.801)	
			3:03.241 (1:35.440)	4:40.490 (1:37.250)
			6:20.013 (1:39.523)	8:04.804 (1:44.792)
			11:48.364 (1:54.406)	13:35.178 (1:46.815)
12 Madison Swanchak	11	Lackawanna T	13:51.83	
			1:29.589 (1:29.589)	
			3:09.181 (1:39.592)	4:52.385 (1:43.205)
			6:40.098 (1:47.714)	8:29.102 (1:49.004)
			12:11.309 (1:50.561)	13:51.827 (1:40.518)
13 Camryn Cerminaro	10	Lakeland	14:18.23	
			1:30.811 (1:30.811)	
			3:13.825 (1:43.014)	5:04.364 (1:50.539)
			6:55.913 (1:51.550)	8:48.592 (1:52.679)
			12:37.272 (1:53.991)	14:18.229 (1:40.957)
14 Alivia Wright	9	Northwest Ar	14:27.85	
			1:31.533 (1:31.533)	
			3:17.420 (1:45.887)	5:06.753 (1:49.334)
			6:56.319 (1:49.567)	8:43.981 (1:47.662)
			12:41.293 (2:00.190)	14:27.843 (1:46.551)

Girls 100 Meter Hurdles AA

Dist Record: N 14.77 5/11/2015 Cassidy Jenkins, Lakeland
 16.01 SQS
 19.30 DQT

Name	Year	School	Prelims	H#
Preliminaries				
1 Trina Barcarola	11	Western Wayn	14.82qSQS	4
2 Karris Fazzi	12	Blue Ridge	16.32qDQT	2
3 Noelle Orehek	11	Western Wayn	16.54qDQT	3
4 Mia Chiaro	11	Dunmore	16.55qDQT	4
5 Caton Fahey	11	Holy Redeeme	16.76qDQT	1
6 Avery Meredith	9	Riverside (2	16.89qDQT	1
7 Ileaqua Adams	12	Elmer L. Mey	16.99qDQT	2
8 Lizzy Blaski	10	Lake Lehman	17.07qDQT	3
9 McKenzie Rhone	12	Susquehanna	17.44 DQT	2
10 Kate Rogers	11	Holy Cross H	17.53 DQT	3
11 Victoria Zultevecz	10	Northwest Ar	17.67 DQT	4
12 Lindsey Coy	10	Montrose	18.16 DQT	1
13 Giovanna Caines	10	Hanover Area	18.38 DQT	2
14 Stephanie Rissmiller	11	Lakeland	18.60 DQT	3
15 Samy Schwartz	9	Northwest Ar	18.62 DQT	1
16 Madison Odonnell	10	Lakeland	18.63 DQT	3
17 Stephanie Chaga	12	Lake Lehman	18.89 DQT	2
18 Kara Wdowiak	9	Blue Ridge	19.05 DQT	1
19 Kaitlyn Davis	11	Lackawanna T	19.11 DQT	2
20 Daelyn Karboski	10	Mid Valley S	19.95	1
21 Emily Roughgarden	9	Dunmore	20.12	3
22 Alyssa Cosklo	9	Carbondale A	20.26	4
23 Peyton LaRue	10	Elk Lake Hig	22.15	4

Girls 100 Meter Hurdles AA

Dist Record: N 14.77 5/11/2015 Cassidy Jenkins, Lakeland
 16.01 SQS
 19.30 DQT

Name	Year	School	Finals	Points
Finals				
1 Trina Barcarola	11	Western Wayn	15.00 SQS	10
2 Karris Fazzi	12	Blue Ridge	16.17 DQT	8
3 Mia Chiaro	11	Dunmore	16.61 DQT	6
4 Ileaqua Adams	12	Elmer L. Mey	17.02 DQT	5
5 Caton Fahey	11	Holy Redeeme	17.06 DQT	4
6 Avery Meredith	9	Riverside (2	17.14 DQT	3
7 Lizzy Blaski	10	Lake Lehman	22.44	2
-- Noelle Orehek	11	Western Wayn	DQ	hand on hurdle

Girls 300 Meter Hurdles AA

Dist Record: N 43.56 5/17/2018 Skyla Wilson, Susquehanna Comm
 47.64 SQS
 55.50 DQT

Name	Year	School	Finals	H#	Points
1 Trina Barcarola	11	Western Wayn	45.26 SQS	3	10
2 Ariana Walker	11	Northwest Ar	47.23 SQS	3	8
3 Caton Fahey	11	Holy Redeeme	48.00 DQT	3	6
4 Mia Chiaro	11	Dunmore	48.03 DQT	3	5
5 Lizzy Blaski	10	Lake Lehman	49.15 DQT	3	4
6 McKenzie Rhone	12	Susquehanna	50.00 DQT	3	3
7 Avery Meredith	9	Riverside (2	52.18 DQT	2	2
8 Ella Dougher	9	Western Wayn	53.15 DQT	2	1
9 Kyra Hayden	9	Holy Redeeme	53.44 DQT	2	
10 Lindsey Coy	10	Montrose	53.46 DQT	2	
11 Giovanna Caines	10	Hanover Area	54.29 DQT	2	
12 Noelle Orehek	11	Western Wayn	54.52 DQT	2	
13 Stephanie Rissmill	11	Lakeland	55.84	2	
14 Danasiya Moore	9	Gar Memorial	56.12	2	
15 Brystal Hardiman	11	Northwest Ar	56.60	1	
16 Rachael Beemer	12	Lackawanna T	58.50	1	
17 Ileaqua Adams	12	Elmer L. Mey	60.92	3	
18 Alyssa Cosklo	9	Carbondale A	61.31	1	
19 Madison Odonnell	10	Lakeland	64.32	1	

Girls 4x100 Meter Relay AA

Dist Record: N 49.62 5/17/2010 Montrose, Montrose
 J Koloski, R Oleniacz, A Lewis, C DiMichelle

50.80 SQS

School	Finals	H#	Points
1 Lake Lehman	51.85	2	10
1) Kitt Patla 12	2) Gabby Shonis 10		
3) Keera Naugle 10	4) Natasha Mihalko 10		
2 Northwest Area	51.95	2	8
1) Lauren Okuniewski 10	2) Kelsey Jones 12		
3) Lindsey Thomas 12	4) Miya Roman 12		
3 Holy Redeemer High School	52.16	2	6
1) Carly Cavanaugh 11	2) Faith Sekol 9		
3) Kalie Quaglia 9	4) Karissa Spade 10		
4 Western Wayne	52.35	2	5
1) Cassidy Asinski 10	2) Maya Black 12		
3) Noelle Orehek 11	4) Gabby Tetreault 9		
5 Mid Valley Sr. High School	52.58	2	4
1) Morgan Haefele 12	2) Daelyn Karboski 10		
3) Karah Laboranti 12	4) Becca Laboranti 12		
6 Dunmore	53.63	2	3
1) Jillian DeSando 11	2) Mia Chiaro 11		
3) Abby Springer 10	4) Grace Amico 11		
7 Montrose	53.65	2	2
1) MacKenzie White 9	2) Tangi Smith 9		
3) Caroline Stack 11	4) Chalice Guyette 11		
8 Lackawanna Trail	54.06	1	1
1) Danielle Lamberti 10	2) Isabella Jagoe 11		
3) Jordan Spencer 9	4) Willow Burnell 11		
9 Hanover Area	55.23	1	
1) Sarah Chekan 10	2) Tahjie Hines 10		
3) Hailey Griffin 10	4) Dennil Jackson 9		
10 Lakeland	56.68	1	
11 Carbondale Area Jr/Sr High Sch	58.77	1	
1) Deana Mancuso 10	2) Alyvia Schiavone 10		
3) Mia Marerro 9	4) Giana Arnese 10		
12 Elk Lake High School	62.25	1	
1) Tyler Bray 10	2) Peyton LaRue 10		
3) Destiny McCarey 10	4) Mercedes Zajaczkowski 11		
13 Susquehanna Community	62.68	1	
1) Maura Carmody 9	2) Loraina Cramer 12		
3) Cora Hadden 8	4) Kim Swartz 10		

Girls 4x400 Meter Relay AA

Dist Record: N 4:04.65 5/14/2009 Blue Ridge, Blue Ridge
K Dearborn, L Findley, A Hall, M Ragard
4:08.75 SQS

School	Finals	H#	Points
1 Holy Redeemer High School	4:04.15NSQS	2	10
1) Abby Lapinski 11	2) Anna Capaci 10		
3) Madison Dewees 10	4) Caton Fahey 11		
1:00.106 (1:00.106)	2:04.387 (1:04.282)		3:05.256 (1:00.869)
4:04.146 (58.890)			
2 Western Wayne	4:07.65 SQS	2	8
1) Cassidy Asinski 10	2) Samantha Atcavage 12		
3) Annie Skirpan 12	4) Trina Barcarola 11		
1:02.384 (1:02.384)	2:04.027 (1:01.644)		3:07.475 (1:03.448)
4:07.646 (1:00.171)			
3 Northwest Area	4:19.85	2	6
1) Miya Roman 12	2) Cecelia Huntington 11		
3) Lauren Okuniewski 10	4) Ariana Walker 11		
1:02.934 (1:02.934)	2:09.345 (1:06.412)		3:16.690 (1:07.345)
4:19.850 (1:03.160)			
4 Lake Lehman	4:24.64	2	5
1) Morgan Patla 11	2) Natasha Mihalko 10		
3) Sophia Dabsheh 9	4) Abby Paczewski 11		
1:03.018 (1:03.018)	2:12.225 (1:09.207)		3:20.328 (1:08.103)
4:24.634 (1:04.306)			
5 Lakeland	4:28.18	2	4
1) Skylar Arendt 9	2) Madelyn James 8		
3) Addie Piraino 10	4) Liberty Stefalo 10		
1:07.713 (1:07.713)	2:14.211 (1:06.499)		3:21.230 (1:07.019)
4:28.174 (1:06.945)			
6 Dunmore	4:29.84	2	3
1) Molly Zimmer 9	2) Mia Chiaro 11		
3) Abby Springer 10	4) Katie Alunni 12		
1:03.284 (1:03.284)	2:15.280 (1:11.997)		3:24.419 (1:09.139)
4:29.832 (1:05.413)			
7 Mid Valley Sr. High School	4:32.97	1	2
1) Karah Laboranti 12	2) Daelyn Karboski 10		
3) Morgan Haefele 12	4) Becca Laboranti 12		

	1:05.996 (1:05.996)	2:21.741 (1:15.745)	3:29.354 (1:07.614)
	4:32.964 (1:03.610)		
8 Hanover Area		4:34.71	1 1
1) Brooke Coleman 10		2) Gianna Howell 10	
3) Alicia Orzechowski 10		4) Abby Korba 11	
	1:08.920 (1:08.920)	2:19.785 (1:10.866)	3:32.020 (1:12.235)
	4:34.703 (1:02.683)		
9 Holy Cross High School		4:54.97	1
1) Sydney Skrutski 11		2) Alex Tomaine 11	
3) Gianna Calciano 12		4) Liz Talbot 11	
	1:14.224 (1:14.224)	2:27.899 (1:13.675)	3:42.316 (1:14.417)
	4:54.963 (1:12.648)		
10 Carbondale Area Jr/Sr High Sch		5:09.15	1
1) Deana Mancuso 10		2) Megan Wallis 12	
3) Rachel Korty 9		4) Alyssa Cosklo 9	
	1:03.441 (1:03.441)	2:26.110 (1:22.670)	3:46.729 (1:20.619)
	5:09.147 (1:22.419)		

Girls 4x800 Meter Relay AA

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 Dist Record: N 9:27.45 5/13/2013 Holy Redeemer High School, Holy Redeeme
 M Cruz, C Gill, O Gregorio, R Sowinski
 9:50.40 SQS

School	Finals			Points
1 Lake Lehman	9:59.03			10
1) Madison Brdaric 10	2) Morgan Patla 11			
3) Abby Paczewski 11	4) Sophia Dabsheh 9			
	1:10.343 (1:10.343)	2:29.841 (1:19.498)	3:40.051 (1:10.210)	
	5:00.580 (1:20.530)	6:11.042 (1:10.462)	7:36.796 (1:25.754)	
	8:45.725 (1:08.930)	9:59.030 (1:13.305)		
2 Lakeland	10:09.21			8
1) Skylar Arendt 9	2) Camryn Cerminaro 10			
3) Olivia James 9	4) Danielle Setta 11			
	1:10.404 (1:10.404)	2:26.545 (1:16.141)	3:39.418 (1:12.874)	
	4:59.440 (1:20.022)	6:11.073 (1:11.634)	7:35.802 (1:24.729)	
	8:47.026 (1:11.225)	10:09.202 (1:22.176)		
3 Holy Redeemer High School	10:36.45			6
1) Grace Holmes 9	2) Kyra Hayden 9			
3) Anna Capaci 10	4) Madison Dewees 10			
	1:20.871 (1:20.871)	2:56.096 (1:35.225)	4:05.444 (1:09.348)	
	5:21.638 (1:16.195)	6:37.660 (1:16.022)	8:02.595 (1:24.935)	
	9:11.938 (1:09.343)	10:36.444 (1:24.507)		
4 Western Wayne	10:39.54			5
1) Samantha Atcavage 12	2) Kayla Stokesberry 9			
3) Madison Kammer 9	4) Anya Rusnak 10			
	1:12.689 (1:12.689)	2:36.409 (1:23.721)	3:50.539 (1:14.130)	
	5:18.803 (1:28.265)	6:35.266 (1:16.464)	7:59.790 (1:24.524)	
	9:14.200 (1:14.410)	10:39.532 (1:25.332)		
5 Northwest Area	10:48.17			4
1) Cecelia Huntington 11	2) Tess Edwards 11			
3) Milana Straub 10	4) Abigail Zielecki 9			
	1:15.956 (1:15.956)	2:43.286 (1:27.331)	4:02.133 (1:18.847)	
	5:26.172 (1:24.039)	6:46.674 (1:20.502)	8:11.568 (1:24.894)	
	9:25.873 (1:14.305)	10:48.168 (1:22.296)		
6 Hanover Area	10:51.54			3
1) Brooke Coleman 10	2) Madison Hooper 11			
3) Alicia Orzechowski 10	4) Victoria Ortiz 10			
	1:16.319 (1:16.319)	2:44.417 (1:28.099)	4:02.466 (1:18.050)	
	5:29.851 (1:27.385)	6:47.544 (1:17.694)	8:16.856 (1:29.312)	
	9:28.172 (1:11.317)	10:51.539 (1:23.367)		
7 Lackawanna Trail	11:15.34			2
1) Madison Swanchak 11	2) Rachael Beemer 12			
3) Abby Fahey 9	4) Victoria James 11			
	1:18.889 (1:18.889)	2:49.720 (1:30.831)	4:07.086 (1:17.367)	
	5:34.299 (1:27.213)	7:02.516 (1:28.218)	8:31.173 (1:28.658)	
	9:49.033 (1:17.861)	11:15.337 (1:26.304)		
8 Dunmore	12:11.60			1
1) Katie Hilson 11	2) Rebecca Lucas 11			
3) McKenna Brazil 9	4) Lydia Meade 12			
	1:29.459 (1:29.459)	3:07.581 (1:38.122)	4:38.412 (1:30.831)	
	6:12.892 (1:34.480)	7:43.101 (1:30.210)	9:17.829 (1:34.728)	
	10:41.647 (1:23.819)	12:11.600 (1:29.953)		
9 Montrose	12:13.96			
1) Annika Bixby 9	2) Allyssa Aukema 9			
3) Elizabeth Chidester 10	4) Annabelle Adams 9			
	1:21.724 (1:21.724)	2:54.465 (1:32.742)	4:14.610 (1:20.145)	
	5:51.779 (1:37.169)	7:25.039 (1:33.261)	8:58.564 (1:33.526)	
	10:34.149 (1:35.585)	12:13.953 (1:39.804)		
10 Carbondale Area Jr/Sr High Sch	13:07.12			
1) Skyla Silfee 10	2) Astrid Paz 12			

3) Megan Wallis 12	4) Grace Ursich 10	
1:33.070 (1:33.070)	3:07.851 (1:34.781)	4:46.822 (1:38.972)
6:44.585 (1:57.763)	8:14.486 (1:29.902)	9:55.362 (1:40.876)
11:27.394 (1:32.032)	13:07.114 (1:39.720)	

Girls High Jump AA

Dist Record: N 5-11 2003 Erin Davis, Western Wayne HS
 5-02.00 SQS
 4-07.00 DQT

Name	Year	School	Finals	Points
1 Sara Wanat	12	Lakeland	5-02.00 SQS	10
4-04 4-06 4-08 4-10 5-00 5-02 5-04				
PPP PPP O O O XXX				
2 Isabella Popson	10	Hanover Area	J5-02.00 SQS	8
4-04 4-06 4-08 4-10 5-00 5-02 5-04				
PPP O O O XO XO XXX				
3 Kaila Johnson	12	Western Wayn	5-00.00 DQT	6
4-04 4-06 4-08 4-10 5-00 5-02				
PPP XO O XO O XXX				
4 Macenzi Barker	12	Lake Lehman	4-10.00 DQT	4.50
4-04 4-06 4-08 4-10 5-00				
O O O XO XXX				
4 Samy Schwartz	9	Northwest Ar	4-10.00 DQT	4.50
4-04 4-06 4-08 4-10 5-00				
O O O XO XXX				
6 Abby Korba	11	Hanover Area	J4-10.00 DQT	2.50
4-04 4-06 4-08 4-10 5-00				
O O XO XO XXX				
6 Sydney Krompasky	11	Western Wayn	J4-10.00 DQT	2.50
4-04 4-06 4-08 4-10 5-00				
PPP O XO XO XXX				
8 Maya Black	12	Western Wayn	4-08.00 DQT	1
4-04 4-06 4-08 4-10				
PPP O O XXX				
9 Erin Pearsall	10	Holy Cross H	J4-08.00 DQT	
4-04 4-06 4-08 4-10				
O XXO O XXX				
10 Addie Piraino	10	Lakeland	J4-08.00 DQT	
4-04 4-06 4-08 4-10				
O O XXO XXX				
11 Loraina Cramer	12	Susquehanna	4-06.00	
4-04 4-06 4-08				
XXO O XXX				
12 Paige Olanovich	9	Riverside (2	J4-06.00	
4-04 4-06 4-08				
O XO XXX				
13 Alicia Barkan	10	Montrose	4-04.00	
4-04 4-06				
O XXX				
14 Anna Carty	12	Holy Redeeme	J4-04.00	
4-04 4-06				
XXO XXX				
-- Jordan Spencer	9	Lackawanna T	NH	
4-04				
XXX				
-- Amelia Muta	10	Carbondale A	NH	
4-04				
XXX				
-- Morgan Bialy	12	Mid Valley S	NH	
4-04 4-06 4-08 4-10				
PPP PPP PPP XXX				

Girls Pole Vault AA

Dist Record: N 11-07.25 5/17/2018 Trina Barcarola, Western Wayne HS
 10-06.00 SQS
 8-00.00 DQT

Name	Year	School	Finals	Points
1 Trina Barcarola	11	Western Wayn	12-00.00NSQS	10
8-00 8-06 9-00 9-06 10-00 10-06 11-06 12-00 12-06				
PPP PPP PPP PPP PPP O O XO XXX				
2 Sydney Krompasky	11	Western Wayn	10-00.00 DQT	8
8-00 8-06 9-00 9-06 10-00 10-06				
PPP PPP O O O XXX				
3 Victoria Zultevicz	10	Northwest Ar	9-00.00 DQT	6
8-00 8-06 9-00 9-06				
O O O XXX				
4 Ella Dougher	9	Western Wayn	J9-00.00 DQT	5

8-00	8-06	9-00	9-06				
	O	XXO	O	XXX			
5	Maddie	Mclendon	11	Northwest Ar	8-06.00	DQT	4
	8-00	8-06	9-00				
	XXO	XO	XXX				
6	Mia	Metcalfe	11	Hanover Area	8-00.00	DQT	3
	8-00	8-06					
	O	XXX					
7	Sydney	Bryla	10	Lakeland	J8-00.00	DQT	2
	8-00	8-06					
	XO	XXX					
--	Madison	Osborn	10	Hanover Area		NH	
	8-00						
	XXX						

Girls Long Jump AA

Dist Record: N 17-11.75 5/14/2009 Julia Koloski, Montrose
 16-11.00 SQS
 14-08.00 DQT

Name	Year	School	Finals	Points
1 Ariana Walker	11	Northwest Ar	16-07.25 DQT	10
	14-07	15-01.50	16-07.25 16-05 16-00.25 15-02	
2 Kaila Johnson	12	Western Wayn	J16-07.25 DQT	8
	14-10.75	15-04	16-07.25 13-05.75 15-09.75 15-11	
3 Madelynn Perfilio	9	Riverside (2)	16-03.50 DQT	6
	FOUL	16-03.50	15-02.75 15-05.25 15-10.25 16-01.25	
4 Vanessa Luna	10	Gar Memorial	16-00.75 DQT	5
	13-10.25	15-05.50	16-00.75 15-05 14-02.75 FOUL	
5 Georgia Smith	12	Montrose	16-00.50 DQT	4
	15-01.75	16-00.50	15-10.75 15-06.50 15-06.25 FOUL	
6 Abby Lapinski	11	Holy Redeeme	J16-00.50 DQT	3
	15-06.75	15-09	16-00.50 15-04.50 FOUL 15-09.50	
7 Karris Fazzi	12	Blue Ridge	15-11.25 DQT	2
	15-05.75	15-11.25	15-01.25 FOUL 14-09.25 13-06.25	
8 Gianna Debastiani	12	Western Wayn	15-08.25 DQT	1
	14-09	15-08.25	15-01.75 13-04 15-08 14-02	
9 Mary Stec	11	Holy Cross H	15-06.00 DQT	
	FOUL	15-06	FOUL 14-09 FOUL 15-02.25	
10 Natasha Mihalko	10	Lake Lehman	15-05.25 DQT	
	15-05.25	FOUL	15-05	
11 Abby Korba	11	Hanover Area	15-03.50 DQT	
	FOUL	FOUL	15-03.50	
12 Maya Black	12	Western Wayn	15-03.25 DQT	
	FOUL	15-02.75	15-03.25	
13 Kalie Quaglia	9	Holy Redeeme	14-09.50 DQT	
	14-06.50	ND	14-09.50	
14 Jillian DeSando	11	Dunmore	14-07.25	
	13-10	ND	14-07.25	
15 Jessica Salus	12	Lake Lehman	14-07.00	
	14-03.50	14-07	FOUL	
16 Morgan Haefele	12	Mid Valley S	14-06.50	
	14-06.50	12-11	ND	
17 Deana Mancuso	10	Carbondale A	13-09.00	
	13-09	FOUL	FOUL	
18 Keera Naugle	10	Lake Lehman	13-06.00	
	FOUL	FOUL	13-06	
19 Aniyah Vital	10	Elmer L. Mey	13-03.25	
	13-03.25	ND	ND	
20 Hannah Cook	10	Gar Memorial	13-02.50	
	FOUL	FOUL	13-02.50	
21 Sydney Bryla	10	Lakeland	12-10.50	
	12-10.50	ND	ND	
22 Maura Carmody	9	Susquehanna	11-10.00	
	11-10	ND	ND	

Girls Triple Jump AA

Dist Record: N 38-08.50 5/17/2010 Julia Koloski, Montrose
 35-06.00 SQS
 30-00.00 DQT

Name	Year	School	Finals	Points
1 Abby Korba	11	Hanover Area	37-01.00 SQS	10
	36-05	36-08	37-01 FOUL 35-03 PASS	
2 Natasha Mihalko	10	Lake Lehman	36-00.00 SQS	8
	34-04	35-11	36-00 35-04 35-03.50 35-09	
3 Kalie Quaglia	9	Holy Redeeme	33-04.00 DQT	6
	33-01.50	FOUL	32-01 32-01 33-04 33-02.25	
4 Georgia Smith	12	Montrose	33-00.25 DQT	5

5	Jessica Salus	31-10.50	32-10	FOUL	32-08	32-09.75	33-00.25	32-10.50	DQT	4
6	Jillian DeSando	31-11.75	30-09	30-10	32-10.50	31-09.50	32-04.50	32-10.00	DQT	3
7	Madelynn Perfilio	32-10	32-02.50	32-02.50	30-11.25	32-02.25	31-01	32-08.25	DQT	2
8	Jordan Spencer	31-10	32-08.25	29-05	FOUL	32-04.50	31-11.25	32-07.50	DQT	1
9	Tess Edwards	31-05.75	30-03.50	32-06.50	32-00.50	31-11.50	32-07.50	32-07.00	DQT	
10	Sara Wanat	31-11.50	31-08	32-07	31-02.75	31-10	31-10	31-10.00	DQT	
11	Hannah Cook	FOUL	31-10	31-09.50	12 Lakeland			31-04.00	DQT	
12	Stephanie Rissmill	31-03	31-04	31-03.50	10 Gar Memorial			31-02.25	DQT	
13	Lindsey Thomas	30-02.25	30-03.50	31-02.25	11 Lakeland			31-01.50	DQT	
14	Amanda Bales	FOUL	30-01	31-01.50	12 Northwest Ar			30-11.25	DQT	
15	Maya Black	FOUL	30-11.25	30-02	11 Lakeland			30-07.75	DQT	
16	Giana Arnese	FOUL	FOUL	30-07.75	12 Western Wayn			28-00.75		
17	casey Congdon	27-00	27-06.50	28-00.75	10 Carbondale A			25-11.00		
18	Madison Bialy	FOUL	FOUL	25-11	9 Mountain Vie			25-03.75		
19	Kim Swartz	23-02.50	25-03.75	FOUL	10 Mid Valley S			20-08.50		
--	Dennil Jackson	FOUL	FOUL	FOUL	10 Susquehanna			FOUL		
--	Erin Pearsall	FOUL	FOUL	FOUL	9 Hanover Area			FOUL		
		FOUL	FOUL	FOUL	10 Holy Cross H			FOUL		

Girls Shot Put AA

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Dist Record: N 42-02.25 5/14/2009 April Doyle, Lakeland											
36-06.00 SQS											
28-00.00 DQT											
Name	Year	School	Finals					Points	=====		
1 Mikayla Marino	12	Lakeland	38-10.50	SQS				10			
			37-00.25	38-01.50	38-10.50	FOUL	37-04.50	35-11			
2 Sarah Korty	12	Carbondale A	36-02.25	DQT				8			
			33-08	35-07	35-08.50	36-02.25	FOUL	FOUL			
3 Maria Laboy	11	Riverside (2	29-08.75	DQT				6			
			29-05	FOUL	28-11.75	29-08.75	FOUL	29-01			
4 Lauren Mullery	11	Holy Redeeme	29-04.25	DQT				5			
			29-04.25	28-09.75	28-11.25	28-01.75	29-00.50	28-02			
5 Ariana Sillah	12	Hanover Area	29-03.75	DQT				4			
			28-08.25	29-03.75	28-00.50	28-03.75	28-11	28-10			
6 Bethany Burns	10	Susquehanna	29-01.00	DQT				3			
			29-01	27-04.75	28-03	28-06	24-11.75	27-05.75			
7 Gracie Guarino	12	Western Wayn	28-05.25	DQT				2			
			27-11	27-04.50	23-03	28-02.50	28-05.25	27-07.50			
8 Casey Dale	12	Lake Lehman	28-03.75	DQT				1			
			27-02	28-03.75	28-00.50	25-10.25	27-07	26-08.25			
9 Cassidy Crawford	10	Northwest Ar	28-01.25	DQT							
			26-10.50	27-02.50	28-01.25	24-10.50	25-09	26-06.25			
10 Gabby Case	9	Lakeland	27-07.50								
			27-07.50	27-06	27-05						
11 Sydney Rush	10	Holy Redeeme	27-04.25								
			26-10.50	27-04.25	26-07						
12 Maddie Godfrey	12	Western Wayn	27-00.00								
			26-07.25	27-00	26-02						
13 Avery Rebar	9	Mid Valley S	26-07.50								
			FOUL	22-03.75	26-07.50						
14 James Holmes	12	Gar Memorial	26-07.00								
			24-08.25	26-07	24-06.75						
15 Anna Bonner	12	Blue Ridge	26-03.25								
			26-03.25	26-00	25-00.50						
16 Jada Wilson	10	Hanover Area	26-00.00								
			25-04	25-05.25	26-00						
17 Gabriella Parise	11	Holy Cross H	25-08.75								
			25-04.50	25-08.75	25-02						
18 Daisy Petty	9	Lackawanna T	25-08.50								
			25-00.50	24-05.50	25-08.50						
19 Miranda Button	12	Mountain Vie	24-10.50								
			24-02.25	24-10.25	24-10.50						

20	Abigail Jennings	11	Montrose	24-05.25
				24-05.25 23-11.75 23-04.50
21	Megan Bosscher	11	Elk Lake Hig	24-03.75
				24-02.75 24-03.75 22-09.25
22	Colleen Brown	12	Dunmore	22-00.75
				21-08.75 22-00.75 21-09.50
--	Esmeralda Mendez	12	Western Wayn	ND
				ND ND ND

Girls Discus Throw AA

Dist Record: N 150-02 2017 Emily Johns, Lake Lehman
 113-00 SQS
 83-00 DQT

Name	Year	School	Finals	Points
1 Mikayla Marino	12	Lakeland	138-00.00 SQS	10
			122-01 129-03 123-11 133-01 126-01 138-00	
2 Sarah Korty	12	Carbondale A	131-05.00 SQS	8
			129-03 FOUL FOUL 125-11 FOUL 131-05	
3 Tanisha Atherton	12	Hanover Area	100-04.00 DQT	6
			FOUL 94-09 95-10 ND 100-02 100-04	
4 Avery Rebar	9	Mid Valley S	97-00.00 DQT	5
			97-00 FOUL FOUL 90-10 FOUL FOUL	
5 Gabby Case	9	Lakeland	93-11.00 DQT	4
			86-09 88-11 82-02 93-11 FOUL 87-06	
6 Lauren Mullery	11	Holy Redeeme	92-04.00 DQT	3
			88-07 FOUL 90-01 89-10 87-10 92-04	
7 Tori Sanko	10	Lakeland	87-01.00 DQT	2
			FOUL 78-07 86-11 87-01 ND 84-05	
8 Maddie Mclendon	11	Northwest Ar	82-01.00	1
			FOUL FOUL 82-01 ND ND ND	
9 Miranda Button	12	Mountain Vie	81-08.00	
			81-08 79-03 67-04 FOUL ND FOUL	
10 Sarah Salus	11	Lake Lehman	79-08.00	
			79-08 72-02 73-00	
11 Morgan Bialy	12	Mid Valley S	76-05.00	
			FOUL 71-00 76-05	
12 Anna Bonner	12	Blue Ridge	76-03.00	
			76-03 FOUL FOUL	
13 Celeste Orchard	10	Western Wayn	76-02.00	
			69-05 76-02 67-02	
14 Abigail Jennings	11	Montrose	75-07.00	
			FOUL 75-07 72-02	
15 Katelyn Timms	12	Riverside (2	75-02.00	
			75-02 71-03 73-09	
16 Cate McGovern	10	Holy Cross H	74-05.00	
			72-01 74-05 71-05	
17 Rachel Rockwell	10	Susquehanna	73-05.00	
			73-05 69-07 FOUL	
18 Allison Swanchak	10	Lackawanna T	72-06.00	
			FOUL 69-08 72-06	
19 Jada Wilson	10	Hanover Area	63-10.00	
			60-06 63-10 FOUL	
20 Francesca Glaude	10	Elmer L. Mey	62-00.00	
			52-00 53-03 62-00	
21 Megan Bosscher	11	Elk Lake Hig	61-07.00	
			FOUL 61-07 FOUL	
-- Ariana Sillah	12	Hanover Area	ND	
			ND ND ND	
-- Esmeralda Mendez	12	Western Wayn	ND	
			ND ND ND	
-- Sydney Rush	10	Holy Redeeme	FOUL	
			FOUL FOUL FOUL	
-- Gemma Longo	9	Dunmore	FOUL	
			FOUL FOUL FOUL	

Girls Javelin Throw AA

Dist Record: N 147-08 5/17/2010 Kaitchen Dearborn, Blue Ridge
 121-00 SQS
 85-00 DQT

Name	Year	School	Finals	Points
1 Sarah Salus	11	Lake Lehman	115-07.00 DQT	10
			104-10 96-05 100-06 102-04 115-07 105-10	
2 Mikayla Marino	12	Lakeland	108-10.00 DQT	8
			FOUL 90-08 103-08 101-02 95-10 108-10	
3 Megan Harry	11	Northwest Ar	99-10.00 DQT	6
			98-11 84-01 83-09 ND ND 99-10	
4 Sydney Rush	10	Holy Redeeme	99-06.00 DQT	5

91-11	97-10	99-06	99-06	93-02	98-07			
5	Gianna Calciano	12	Holy Cross H	99-03.00	DQT			4
	93-01	95-03	96-00	99-03	95-09	ND		
6	Ashley Capone	11	Holy Cross H	99-01.00	DQT			3
	76-03	99-01	92-11	ND	ND	ND		
7	Cassidy Asinski	10	Western Wayn	97-02.00	DQT			2
	97-02	66-07	88-09	ND	94-05	ND		
8	Amanda Bales	11	Lakeland	95-11.00	DQT			1
	87-09	95-11	75-04	ND	95-01	ND		
9	Tanisha Atherton	12	Hanover Area	95-04.00	DQT			
	FOUL	93-05	85-03	ND	95-04	ND		
10	Tahjie Hines	10	Hanover Area	91-10.00	DQT			
	FOUL	91-10	84-04					
11	Tiffany Lasinski	12	Lake Lehman	90-07.00	DQT			
	FOUL	85-08	90-07					
12	Avery Rebar	9	Mid Valley S	88-00.00	DQT			
	FOUL	74-04	88-00					
13	Lydia Meade	12	Dunmore	86-11.00	DQT			
	84-06	83-09	86-11					
14	Maria Laboy	11	Riverside (2	84-11.00				
	79-09	81-10	84-11					
15	Sarah Tolerico	10	Carbondale A	81-08.00				
	71-08	81-08	78-07					
16	Amelia Muta	10	Carbondale A	81-01.00				
	FOUL	81-01	77-05					
17	Kelsey Day	12	Elk Lake Hig	70-06.00				
	70-05	65-08	70-06					
18	Elonna Spencer	11	Lackawanna T	70-01.00				
	70-01	53-03	64-11					
19	Veronica Reid	11	Lakeland	70-00.00				
	62-11	60-03	70-00					
20	Rodian Donatelli	12	Hanover Area	64-11.00				
	64-11	62-02	52-09					
21	Meredith Zrowka	10	Mountain Vie	64-05.00				
	62-05	60-09	64-05					
22	Rachel Rockwell	10	Susquehanna	60-09.00				
	60-09	51-05	49-06					

Boys 100 Meter Dash AA

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 Dist Record: N 10.44 1988 Raghib Ismail, Meyers
 11.30 SQS
 11.90 DQT

Name	Year	School	Prelims	H#
Preliminaries				
1	Starmel Haskins	11 Gar Memorial	11.45qDQT	5
2	Billy Good	11 Lakeland	11.56qDQT	2
3	Carter Odell	11 Scranton Pre	11.62qDQT	1
4	David Reilly	10 Dunmore	11.71qDQT	2
5	Henry Rogers	10 Montrose	11.80qDQT	4
6	Kenny Riverra	11 Mid Valley S	11.81qDQT	1
7	Tyler Carey	11 Riverside (2	11.87qDQT	2
8	Christian Chakiris	11 Mid Valley S	11.88qDQT	3
9	Gavin Davis	11 Northwest Ar	11.89 DQT	1
10	Casey Kaminski	11 Lake Lehman	12.00	4
11	KC Lewis	10 Montrose	12.02	2
12	Robert Sabecky	10 Hanover Area	12.08	1
13	Luke Baldwin	11 Lackawanna T	12.09	1
14	Jack Daoud	11 Holy Redeeme	12.09	2
15	Michael Pidgeon	10 Lakeland	12.10	5
16	Josh Charles	12 Holy Cross H	12.11	5
17	Tracy Kerr	12 Montrose	12.20	5
18	Conor O'Brien	11 Lake Lehman	12.21	4
19	Joe Jackson	12 Mountain Vie	12.22	2
20	Brandon Gentile	10 Blue Ridge	12.30	5
21	Nondo Ianelli	10 Dunmore	12.36	3
22	Matt Sczyrek	12 Lake Lehman	12.40	1
23	Tommy Souriyavong	12 Riverside (2	12.42	3
24	Cole Jordan	12 Scranton Pre	12.45	3
25	Moyle Dakota	12 Lackawanna T	12.48	5
26	Tyler Rozanski	9 Lackawanna T	12.55	3
26	Karl Kincel	10 Dunmore	12.55	4
28	Brandor Arias	12 Hanover Area	12.60	2
29	Kobe Sauter	12 Western Wayn	12.62	4
30	Noah Atkins	11 Elk Lake Hig	12.73	1
31	James Calciano	11 Holy Cross H	12.99	5
32	Tavon Hines	10 Hanover Area	13.52	3
--	Austin Cole	10 Riverside (2	FS	4
--	Thomas Pidgeon	12 Lakeland	DNF	4

Boys 100 Meter Dash AA

Dist Record: N 10.44 1988 Raghib Ismail, Meyers
 11.30 SQS
 11.90 DQT

Name	Year	School	Finals	Points
Finals				
1 Starmel Haskins	11	Gar Memorial	11.15 SQS	10
2 Billy Good	11	Lakeland	11.43 DQT	8
3 Carter Odell	11	Scranton Pre	11.45 DQT	6
4 Henry Rogers	10	Montrose	11.56 DQT	5
5 Christian Chakiris	11	Mid Valley S	11.58 DQT	4
6 Tyler Carey	11	Riverside (2	11.76 DQT	3
7 Kenny Riverra	11	Mid Valley S	11.93	2
8 David Reilly	10	Dunmore	12.01	1

Boys 200 Meter Dash AA

Dist Record: N 21.52 2004 Andre Broussard, Elmer L. Meyers HS
 22.88 SQS
 24.70 DQT

Name	Year	School	Prelims	H#
Preliminaries				
1 Jakob Snipes	12	Lakeland	23.40qDQT	3
2 Christian Chakiris	11	Mid Valley S	23.46qDQT	4
3 Brennan Gilhool	12	Montrose	23.57qDQT	2
4 Brandon Wentovich	11	Lakeland	23.62qDQT	2
5 Gavin Davis	11	Northwest Ar	24.06qDQT	2
6 Carter Odell	11	Scranton Pre	24.14qDQT	1 24.134
7 Bryce Collins	11	Riverside (2	24.14qDQT	5 24.137
8 Tyler Carey	11	Riverside (2	24.15qDQT	4
9 Tracy Kerr	12	Montrose	24.31 DQT	2
10 Greg McDade	12	Dunmore	24.36 DQT	5
11 Kenny Riverra	11	Mid Valley S	24.42 DQT	3
12 Connor Tone	10	Holy Cross H	24.45 DQT	1
13 Robert Sabecky	10	Hanover Area	24.57 DQT	3
14 Tyler Rozanski	9	Lackawanna T	24.81	1
15 Brandon Gentile	10	Blue Ridge	25.01	5
16 Michael Arendt	11	Carbondale A	25.03	2
17 Josh Charles	12	Holy Cross H	25.04	3 25.035
18 Karl Kincel	10	Dunmore	25.04	1 25.038
19 Luke Baldwin	11	Lackawanna T	25.05	2
20 Aden Johnson	10	Scranton Pre	25.10	1
21 Matt Sczyrek	12	Lake Lehman	25.38	4
22 Jack Daoud	11	Holy Redeeme	25.95	5
23 Brandon Way	12	Elk Lake Hig	26.19	3
24 Alan Fortuner	10	Mountain Vie	26.47	4
25 Tommy Souriyavong	12	Riverside (2	26.49	4
26 Jeffrey DeRocco	10	Hanover Area	26.58	3
27 Nondo Ianelli	10	Dunmore	26.66	3
28 Steven Kauffman	10	Hanover Area	27.05	4

Boys 200 Meter Dash AA

Dist Record: N 21.52 2004 Andre Broussard, Elmer L. Meyers HS
 22.88 SQS
 24.70 DQT

Name	Year	School	Finals	Points
Finals				
1 Jakob Snipes	12	Lakeland	23.22 DQT	10
2 Christian Chakiris	11	Mid Valley S	23.27 DQT	8
3 Brennan Gilhool	12	Montrose	23.57 DQT	6
4 Brandon Wentovich	11	Lakeland	23.80 DQT	5
5 Tyler Carey	11	Riverside (2	24.00 DQT	4
6 Carter Odell	11	Scranton Pre	24.57 DQT	3
7 Gavin Davis	11	Northwest Ar	24.64 DQT	2
8 Bryce Collins	11	Riverside (2	25.02	1

Boys 400 Meter Dash AA

Dist Record: N 49.34 1988 Ed Desciak, Bishop Hoban
 50.70 SQS
 56.10 DQT

Name	Year	School	Finals	H#	Points
1 Johnny Barcarola	12	Western Wayn	52.06 DQT	4	10
2 Shane Rosencrans	12	Mid Valley S	52.29 DQT	4	8
3 Greg McDade	12	Dunmore	52.40 DQT	4	6

4	Matthew Tomaine	11	Scranton Pre	53.03	DQT	4	5
5	Brandon Reed	10	Riverside (2	53.69	DQT	3	4
6	Curon Smith	11	Gar Memorial	54.10	DQT	4	3
7	Caleb Rigol	12	Hanover Area	54.41	DQT	2	2
8	Michael Pidgeon	10	Lakeland	54.42	DQT	3	1
9	Connor Holt	10	Dunmore	54.52	DQT	4	
10	Eddie Lopes	11	Scranton Pre	54.95	DQT	2	
11	Connor Tone	10	Holy Cross H	55.16	DQT	2	
12	christian hernande	11	Gar Memorial	55.43	DQT	2	
13	Leonard Johnson	12	Western Wayn	55.46	DQT	3	
14	Hector Acosta	10	Carbondale A	55.52	DQT	2	
15	Wyatt Morris	12	Northwest Ar	55.56	DQT	2	
16	Tyler Prudente	12	Lakeland	56.04	DQT	3	
17	Joe Jackson	12	Mountain Vie	56.05	DQT	2	
18	Cody Orner	11	Susquehanna	56.50		1	
19	Wesley Wojtkowski	12	Blue Ridge	56.55		1	
20	Casey Weaver	9	Lake Lehman	56.58		1	
21	Ibe Dabsheh	12	Lake Lehman	57.48		3	
22	Kody Cresswell	9	Lackawanna T	58.36		1	
23	Joe Delaney	11	Holy Redeeme	58.86		1	
24	Steven Kauffman	10	Hanover Area	60.20		2	
25	Issaic Brewer	12	Elk Lake Hig	61.82		1	

Boys 800 Meter Run AA

Dist Record: N 1:54.24 1989 Hugh Mundy, Dallas
 1:59.70 SQS
 2:15.00 DQT

Name	Year	School	Finals	H#	Points
1 Sebastian Brudnick	11	Mid Valley S	1:58.94 SQS	3	10
57.336 (57.336)		1:58.937 (1:01.602)			
2 Dominic Capaci	12	Holy Redeeme	2:03.21 DQT	3	8
59.573 (59.573)		2:03.208 (1:03.635)			
3 Paris Alunni	11	Dunmore	2:03.60 DQT	3	6
1:00.910 (1:00.910)		2:03.597 (1:02.687)			
4 Matthew McGowan	11	Lakeland	2:04.44 DQT	3	5
1:00.688 (1:00.688)		2:04.434 (1:03.747)			
5 Gary Geinitz	11	Western Wayn	2:04.54 DQT	3	4
59.844 (59.844)		2:04.532 (1:04.689)			
6 Nathan Salus	11	Lake Lehman	2:04.92 DQT	3	3
1:00.981 (1:00.981)		2:04.914 (1:03.933)			
7 Stephen Postupak	12	Scranton Pre	2:04.95 DQT	3	2
1:00.260 (1:00.260)		2:04.944 (1:04.685)			
8 Lukas Volpetti	12	Holy Redeeme	2:05.73 DQT	3	1
59.484 (59.484)		2:05.724 (1:06.241)			
9 John Piorkowski	11	Mid Valley S	2:05.88 DQT	3	
1:01.227 (1:01.227)		2:05.877 (1:04.650)			
10 Colin Pacyna	10	Mid Valley S	2:09.71 DQT	2	
1:02.577 (1:02.577)		2:09.710 (1:07.134)			
11 Ken Kincel	12	Scranton Pre	2:10.71 DQT	2	
1:06.217 (1:06.217)		2:10.701 (1:04.484)			
12 Gavin Beck	11	Riverside (2	2:11.07 DQT	2	
1:00.984 (1:00.984)		2:11.070 (1:10.086)			
13 Wyatt Morris	12	Northwest Ar	2:11.77 DQT	2	
1:04.036 (1:04.036)		2:11.762 (1:07.727)			
14 Colin Spellman	12	Montrose	2:12.07 DQT	3	
1:01.438 (1:01.438)		2:12.069 (1:10.631)			
15 Matthew Korty	10	Carbondale A	2:14.06 DQT	1	
1:08.386 (1:08.386)		2:14.055 (1:05.669)			
16 Chris Holmes	12	Holy Redeeme	2:14.62 DQT	1	
1:06.057 (1:06.057)		2:14.613 (1:08.556)			
17 Doug Walsh	10	Holy Cross H	2:14.75 DQT	2	
1:01.873 (1:01.873)		2:14.745 (1:12.873)			
18 Noah Chup	11	Lakeland	2:14.86 DQT	3	
1:01.197 (1:01.197)		2:14.859 (1:13.662)			
19 Nick Coy	11	Montrose	2:14.92 DQT	1	
1:05.470 (1:05.470)		2:14.912 (1:09.442)			
20 Noah Staff	11	Elk Lake Hig	2:15.78	2	
1:03.456 (1:03.456)		2:15.775 (1:12.320)			
21 David Campbell	10	Lakeland	2:16.33	2	
1:06.514 (1:06.514)		2:16.328 (1:09.814)			
22 Thomas Lee	10	Holy Cross H	2:17.01	1	
1:05.351 (1:05.351)		2:17.003 (1:11.653)			
23 Jack Condon	11	Blue Ridge	2:18.24	1	
1:08.685 (1:08.685)		2:18.235 (1:09.550)			
24 Kyle Bohlin	12	Hanover Area	2:19.03	2	
1:07.009 (1:07.009)		2:19.022 (1:12.013)			
25 Chayce Quaranta		Susquehanna	2:20.04	1	
1:05.846 (1:05.846)		2:20.040 (1:14.194)			
26 Isaac Vierling	11	Lackawanna T	2:20.94	1	

27	Michael Wademan	12	Mountain Vie	1:08.988 (1:08.988)	2:20.935 (1:11.948)	2:23.79	1
				1:09.203 (1:09.203)	2:23.788 (1:14.585)		
28	Frank Yuscavage	10	Hanover Area	1:11.705 (1:11.705)	2:24.45	2:24.45	1
					2:24.445 (1:12.741)		

Boys 1600 Meter Run AA

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 Dist Record: N 4:17.44 1982 Mark Merlie, Hugh Mundy, Meyers, Dallas
 4:31.13 SQS
 5:00.00 DQT

Name	Year	School	Finals	H#	Points
1 Andrew Healey	11	Holy Cross H	4:31.44 DQT	2	10
			1:07.285 (1:07.285)		
			2:15.282 (1:07.998)		3:24.023 (1:08.741)
			4:31.433 (1:07.411)		
2 Nicholas Gershey	12	Scranton Pre	4:34.63 DQT	2	8
			1:07.571 (1:07.571)		
			2:15.594 (1:08.024)		3:25.112 (1:09.519)
			4:34.629 (1:09.517)		
3 Lukas Volpetti	12	Holy Redeeme	4:37.79 DQT	2	6
			1:08.201 (1:08.201)		
			2:17.105 (1:08.904)		3:30.003 (1:12.899)
			4:37.789 (1:07.786)		
4 Stephen Postupak	12	Scranton Pre	4:40.58 DQT	2	5
			1:08.084 (1:08.084)		
			2:17.466 (1:09.382)		3:30.310 (1:12.845)
			4:40.577 (1:10.267)		
5 Gavin Beck	11	Riverside (2	4:42.13 DQT	2	4
			1:08.390 (1:08.390)		
			2:18.078 (1:09.688)		3:30.906 (1:12.829)
			4:42.123 (1:11.217)		
6 Austin Gow	10	Susquehanna	4:44.69 DQT	2	3
			1:08.604 (1:08.604)		
			2:18.485 (1:09.881)		3:32.131 (1:13.646)
			4:44.682 (1:12.552)		
7 Josh Vituszynski	12	Mid Valley S	4:50.92 DQT	2	2
			1:07.821 (1:07.821)		
			2:18.231 (1:10.411)		3:35.290 (1:17.060)
			4:50.911 (1:15.621)		
8 Christian Snee	10	Mid Valley S	4:51.78 DQT	2	1
			1:08.024 (1:08.024)		
			2:16.267 (1:08.243)		3:32.707 (1:16.441)
			4:51.777 (1:19.070)		
9 Chris Noldy	11	Lakeland	4:54.28 DQT	2	
			1:10.736 (1:10.736)		
			2:24.276 (1:13.540)		3:42.942 (1:18.667)
			4:54.278 (1:11.337)		
10 Thomas Lee	10	Holy Cross H	4:55.16 DQT	1	
			1:10.064 (1:10.064)		
			2:26.537 (1:16.474)		3:43.810 (1:17.273)
			4:55.151 (1:11.342)		
11 Nick Pikul	11	Holy Redeeme	4:55.20 DQT	2	
			1:08.682 (1:08.682)		
			2:19.731 (1:11.049)		3:37.700 (1:17.970)
			4:55.198 (1:17.499)		
12 Kevin Jumper	10	Holy Cross H	4:57.58 DQT	2	
			1:08.870 (1:08.870)		
			2:20.583 (1:11.713)		3:39.276 (1:18.693)
			4:57.580 (1:18.305)		
13 Chandler Longstret	10	Lake Lehman	4:57.77 DQT	1	
			1:12.415 (1:12.415)		
			2:27.400 (1:14.985)		3:43.914 (1:16.514)
			4:57.768 (1:13.855)		
14 Nick Coy	11	Montrose	5:00.18	2	
			1:08.913 (1:08.913)		
			2:21.636 (1:12.724)		3:41.123 (1:19.487)
			5:00.177 (1:19.054)		
15 Michael Bennici	10	Mid Valley S	5:01.03	1	
			1:08.507 (1:08.507)		
			2:26.265 (1:17.759)		3:44.468 (1:18.204)
			5:01.022 (1:16.554)		
16 Noah Johnson	11	Elk Lake Hig	5:03.08	1	
			1:11.074 (1:11.074)		
			2:28.441 (1:17.368)		3:48.904 (1:20.463)
			5:03.073 (1:14.170)		
17 Aiden Long	11	Mountain Vie	5:04.54	1	
			1:15.325 (1:15.325)		
			2:31.247 (1:15.923)		3:49.267 (1:18.021)
			5:04.537 (1:15.270)		
18 Matthew Korty	10	Carbondale A	5:06.23	1	
			1:08.645 (1:08.645)		
			2:27.130 (1:18.486)		3:49.528 (1:22.399)
			5:06.226 (1:16.698)		
19 Bryce Zapusek	12	Holy Redeeme	5:08.84	2	
			1:08.404 (1:08.404)		
			2:21.671 (1:13.268)		3:44.685 (1:23.014)
			5:08.837 (1:24.152)		
20 Nicholas Liuzzo	12	Lakeland	5:11.53	1	
			1:10.786 (1:10.786)		
			2:30.273 (1:19.487)		3:50.352 (1:20.080)
			5:11.524 (1:21.172)		
21 Jack Condon	11	Blue Ridge	5:13.06	1	
			1:12.174 (1:12.174)		
			2:29.751 (1:17.577)		3:51.552 (1:21.802)
			5:13.058 (1:21.506)		
22 Carlo Escobar	9	Dunmore	5:25.07	1	
			1:14.250 (1:14.250)		
			2:34.764 (1:20.514)		4:01.806 (1:27.043)
			5:25.063 (1:23.258)		
23 Jj Sharpe	10	Lackawanna T	5:36.68	1	
			1:18.198 (1:18.198)		
			2:47.580 (1:29.382)		4:17.620 (1:30.040)

5:36.677 (1:19.057)
 24 Camryn Weber 10 Northwest Ar 5:39.22 1
 1:19.057 (1:19.057) 2:47.015 (1:27.959) 4:18.560 (1:31.545)
 5:39.218 (1:20.658)

Boys 3200 Meter Run AA

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 Dist Record: N 9:15.78 2016 Dominic Hockenbury, Lake Lehman
 9:48.01 SQS
 11:00.00 DQT

Name	Year	School	Finals			H#	Points
1 Liam Mead	12	Montrose	9:35.57	SQS	2	10	
			1:11.539 (1:11.539)	2:24.721 (1:13.183)	3:39.816 (1:15.095)		
			4:52.174 (1:12.359)	6:04.967 (1:12.794)	7:20.329 (1:15.362)		
			8:32.154 (1:11.826)	9:35.568 (1:03.414)			
2 Andrew Healey	11	Holy Cross H	9:38.58	SQS	2	8	
			1:11.740 (1:11.740)	2:24.956 (1:13.216)	3:40.080 (1:15.124)		
			4:52.372 (1:12.293)	6:05.150 (1:12.779)	7:20.584 (1:15.434)		
			8:30.395 (1:09.811)	9:38.574 (1:08.179)			
3 Peyton Jones	12	Elk Lake Hig	9:52.96	DQT	2	6	
			1:11.497 (1:11.497)	2:24.754 (1:13.258)	3:39.927 (1:15.173)		
			4:52.181 (1:12.255)	6:05.021 (1:12.841)	7:20.441 (1:15.420)		
			8:35.492 (1:15.051)	9:52.951 (1:17.460)			
4 Bryce Zapusek	12	Holy Redeeme	10:14.20	DQT	2	5	
			1:12.262 (1:12.262)	2:26.669 (1:14.407)	3:44.172 (1:17.504)		
			5:03.241 (1:19.069)	6:25.709 (1:22.468)	7:46.474 (1:20.766)		
			9:05.196 (1:18.722)	10:14.197 (1:09.001)			
5 Chris Hine	10	Holy Redeeme	10:15.61	DQT	2	4	
			1:12.484 (1:12.484)	2:26.913 (1:14.429)	3:43.293 (1:16.381)		
			5:03.037 (1:19.744)	6:25.930 (1:22.894)	7:47.014 (1:21.084)		
			9:05.444 (1:18.431)	10:15.602 (1:10.158)			
6 Nicholas Gershey	12	Scranton Pre	10:25.21	DQT	2	3	
			1:12.014 (1:12.014)	2:26.381 (1:14.367)	3:43.946 (1:17.566)		
			5:03.549 (1:19.603)	6:25.578 (1:22.029)	7:47.294 (1:21.717)		
			9:06.993 (1:19.699)	10:25.209 (1:18.217)			
7 Kevin Jumper	10	Holy Cross H	10:41.55	DQT	2	2	
			1:12.621 (1:12.621)	2:27.210 (1:14.589)	3:47.582 (1:20.372)		
			5:09.272 (1:21.691)	6:32.147 (1:22.876)	7:56.018 (1:23.871)		
			9:21.097 (1:25.079)	10:41.541 (1:20.444)			
8 Nick Pikul	11	Holy Redeeme	10:43.15	DQT	2	1	
			1:13.225 (1:13.225)	2:29.532 (1:16.307)	3:48.792 (1:19.261)		
			5:10.083 (1:21.291)	6:33.544 (1:23.462)	7:59.508 (1:25.964)		
			9:24.673 (1:25.166)	10:43.150 (1:18.478)			
9 Joey Bootz	11	Lakeland	10:43.91	DQT	1		
			1:15.038 (1:15.038)	2:35.057 (1:20.019)	3:56.870 (1:21.813)		
			5:16.207 (1:19.337)	6:39.109 (1:22.903)	8:03.147 (1:24.039)		
			9:26.935 (1:23.789)	10:43.906 (1:16.972)			
10 Max Brewer	12	Montrose	10:44.42	DQT	2		
			1:12.952 (1:12.952)	2:29.158 (1:16.206)	3:48.488 (1:19.330)		
			5:09.555 (1:21.068)	6:32.712 (1:23.158)	7:58.437 (1:25.725)		
			9:23.359 (1:24.922)	10:44.418 (1:21.060)			
11 Damien Riley	12	Montrose	10:50.96	DQT	1		
			1:15.184 (1:15.184)	2:34.978 (1:19.794)	3:54.634 (1:19.656)		
			5:16.368 (1:21.735)	6:39.386 (1:23.018)	8:03.362 (1:23.976)		
			9:28.141 (1:24.779)	10:50.959 (1:22.819)			
12 Robert Gray	12	Mountain Vie	10:54.41	DQT	1		
			1:15.335 (1:15.335)	2:35.680 (1:20.345)	3:57.270 (1:21.590)		
			5:19.477 (1:22.208)	6:44.376 (1:24.899)	8:10.362 (1:25.987)		
			9:35.833 (1:25.471)	10:54.402 (1:18.570)			
13 Stephen Rowley	10	Hanover Area	10:59.36	DQT	2		
			1:14.267 (1:14.267)	2:32.621 (1:18.355)	3:55.325 (1:22.705)		
			5:20.185 (1:24.860)	6:46.130 (1:25.945)	8:12.685 (1:26.556)		
			9:39.185 (1:26.500)	10:59.359 (1:20.175)			
14 Joseph Cardillo	9	Dunmore	11:34.21		1		
			1:16.595 (1:16.595)	2:39.784 (1:23.190)	4:05.642 (1:25.858)		
			5:35.876 (1:30.234)	7:06.764 (1:30.889)	8:37.240 (1:30.476)		
			10:09.904 (1:32.664)	11:34.203 (1:24.299)			
15 Jj Sharpe	10	Lackawanna T	11:47.03		1		
			1:16.721 (1:16.721)	2:41.276 (1:24.555)	4:09.209 (1:27.934)		
			5:40.789 (1:31.580)	7:14.994 (1:34.206)	8:51.601 (1:36.607)		
			10:27.018 (1:35.418)	11:47.027 (1:20.009)			
16 Caleb Cumberland	11	Northwest Ar	12:00.54		1		
			1:16.883 (1:16.883)	2:41.466 (1:24.583)	4:10.666 (1:29.201)		
			5:43.344 (1:32.679)	7:16.607 (1:33.263)	8:54.981 (1:38.375)		
			10:33.784 (1:38.804)	12:00.537 (1:26.753)			
17 Dominick Scalise	11	Riverside (2	12:03.62		1		
			1:15.934 (1:15.934)	2:41.075 (1:25.141)	4:09.922 (1:28.848)		
			5:44.009 (1:34.088)	7:19.963 (1:35.954)	8:57.873 (1:37.911)		
			10:36.481 (1:38.608)	12:03.616 (1:27.136)			
18 Masin Seriani	9	Hanover Area	12:05.78		1		

1:17.669 (1:17.669)	2:44.243 (1:26.575)	4:15.814 (1:31.571)
5:50.346 (1:34.533)	7:25.387 (1:35.041)	9:01.422 (1:36.035)
10:37.131 (1:35.710)	12:05.775 (1:28.644)	
19 Noah Mauro	12 Carbondale A	12:41.05
1:16.292 (1:16.292)	2:41.935 (1:25.643)	4:12.516 (1:30.581)
5:49.928 (1:37.413)	7:34.678 (1:44.751)	9:21.118 (1:46.440)
11:05.306 (1:44.189)	12:41.042 (1:35.736)	

Boys 110 Meter Hurdles AA

Dist Record: N 13.74 1988 Qadry Ismail, Meyers
 15.50 SQS
 18.50 DQT

Name	Year	School	Prelims	H#
Preliminaries				
1 Collin Chidester	12	Montrose	15.67qDQT	3
2 George Thompson	11	Montrose	15.77qDQT	1
3 Josh Zarnowski	11	Mid Valley S	16.07qDQT	2
4 Cory Bricourt	10	Susquehanna	16.14qDQT	2 16.132
5 Gideon Dalzell	12	Mid Valley S	16.14qDQT	2 16.138
6 Chase Nolan	10	Lakeland	16.28qDQT	3
7 Floyd McRoy	12	Lake Lehman	16.44qDQT	1
8 David Reilly	10	Dunmore	16.53qDQT	1
9 Jake McNeff	11	Dunmore	16.95 DQT	1
10 Daymond Kovaly	11	Lake Lehman	17.11 DQT	3
11 Dakota Moyle	11	Lackawanna T	17.37 DQT	2
12 Parker Kerl	12	Carbondale A	17.41 DQT	1
13 John Anzelmi	11	Lakeland	17.62 DQT	3
14 Bo Lynett	11	Scranton Pre	18.02 DQT	3
15 Matt Dougherty	11	Mountain Vie	18.20 DQT	1
16 Ezra Tetreault	11	Western Wayn	18.28 DQT	1
17 James McCabe	12	Hanover Area	18.31 DQT	2
18 James Marsh	11	Holy Cross H	18.36 DQT	3 18.354
19 Robert Romanowski	10	Lakeland	18.36 DQT	3 18.355
20 Jason Boyer	11	Elk Lake Hig	18.53	2
21 Alphonso Fransisco	12	Gar Memorial	18.63	2
22 Michael Kazmierczak	9	Riverside (2	18.64	2
23 Rubens Glaude	10	Gar Memorial	28.14	3

Boys 110 Meter Hurdles AA

Dist Record: N 13.74 1988 Qadry Ismail, Meyers
 15.50 SQS
 18.50 DQT

Name	Year	School	Finals	Points
Finals				
1 Collin Chidester	12	Montrose	15.32 SQS	10
2 Chase Nolan	10	Lakeland	15.66 DQT	8
3 George Thompson	11	Montrose	15.74 DQT	6
4 Cory Bricourt	10	Susquehanna	16.27 DQT	5
5 Floyd McRoy	12	Lake Lehman	16.40 DQT	4
6 David Reilly	10	Dunmore	16.66 DQT	3
7 Gideon Dalzell	12	Mid Valley S	18.97	2
8 Josh Zarnowski	11	Mid Valley S	30.66	1

Boys 300 Meter Hurdles AA

Dist Record: N 38.34 1988 Qadry Ismail, Meyers
 40.80 SQS
 46.50 DQT

Name	Year	School	Finals	H#	Points
1 Collin Chidester	12	Montrose	40.79 SQS	3	10
2 Gideon Dalzell	12	Mid Valley S	41.43 DQT	3	8
3 George Thompson	11	Montrose	42.65 DQT	2	6
4 Daymond Kovaly	11	Lake Lehman	42.69 DQT	3	5
5 Jake McNeff	11	Dunmore	43.19 DQT	3	4
6 Ryan Mcandrew	10	Scranton Pre	43.47 DQT	3	3
7 George Strish	12	Holy Redeeme	43.72 DQT	3	2
8 Manny Saldana	10	Hanover Area	43.91 DQT	2	1
9 Ezra Tetreault	11	Western Wayn	44.05 DQT	2	
10 Dakota Moyle	11	Lackawanna T	44.27 DQT	3	
11 Chase Nolan	10	Lakeland	44.60 DQT	2	
12 James Marsh	11	Holy Cross H	44.93 DQT	1	
13 Floyd McRoy	12	Lake Lehman	44.97 DQT	3	
14 Patrick Ferke	11	Mid Valley S	45.11 DQT	2	
15 Jason Boyer	11	Elk Lake Hig	45.82 DQT	1	
16 John Anzelmi	11	Lakeland	46.06 DQT	1	46.052
17 James Lewis	12	Lakeland	46.06 DQT	2	46.059

18	Michael Kazmiercza	9	Riverside (2)	46.31	DQT	2
19	James McCabe	12	Hanover Area	46.88		2
20	Tyler Rozanski	9	Lackawanna T	46.91		1
21	Matt Dougherty	11	Mountain Vie	47.92		1
22	Michael Arendt	11	Carbondale A	49.42		1
23	Jd Heckman		Susquehanna	50.40		1

Boys 4x100 Meter Relay AA

Dist Record: N 42.75 2001 , Meyers
 Tabron, Mimms, Keating Cooley
 44.30 SQS

School	Finals	H#	Points
1 Lakeland	44.24 SQS	2	10
1) Nathan Vigil 11	2) Billy Good 11		
3) Jakob Snipes 12	4) Brandon Wentovich 11		
2 Mid Valley Sr. High School	44.33	2	8
1) Kenny Riverra 11	2) Shane Rosencrans 12		
3) Joe Chylak 12	4) Christian Chakiris 11		
3 Montrose	44.53	2	6
1) Chuck Rohan 12	2) Henry Rogers 10		
3) Tracy Kerr 12	4) Brennan Gilhool 12		
4 Scranton Preparatory School	45.01	2	5
1) Sam Castellani 10	2) Cole Jordan 12		
3) Alec Buttner 12	4) Carter Odell 11		
5 Lake Lehman	45.85	2	4
1) Matt Sczyrek 12	2) Casey Kaminski 11		
3) Floyd McRoy 12	4) Conor O'Brien 11		
6 Riverside (2)	46.10	2	3
1) Brandon Reed 10	2) Tommy Souriyavong 12		
3) Tyler Carey 11	4) Bryce Collins 11		
7 Western Wayne	46.58	2	2
1) Kobe Sauter 12	2) Gary Geinitz 11		
3) Ezra Tetreault 11	4) Caleb Brungard 11		
8 Lackawanna Trail	46.86	1	1
1) Alec Jones 11	2) Tyler Rozanski 9		
3) Luke Baldwin 11	4) Dakota Moyle 11		
9 Holy Cross High School	47.45	1	
1) James Calciano 11	2) Declan Tokash 12		
3) Josh Charles 12	4) James Marsh 11		
10 Dunmore	47.62	2	
1) Mark DelVecchio 10	2) Karl Kincel 10		
3) Charles Valvano 11	4) David Reilly 10		
11 Carbondale Area Jr/Sr High Sch	48.39	1	
1) Bailey Grizzanti 10	2) Parker Kerl 12		
3) Hector Acosta 10	4) Adam Rossetti 12		
12 Holy Redeemer High School	48.75	1	
1) Ryan Bella 12	2) Kevin Bradigan 12		
3) Jack Daoud 11	4) Anthony Mandosa 10		
13 Mountain View Junior Senior Hi	52.04	1	
1) Alan Fortuner 10	2) Ty Grunwald 11		
3) Tyler Striefsky 12	4) Hunter Beach-Jones 10		
14 Elk Lake High School	52.63	1	
1) Noah Atkins 11	2) Brandon Way 12		
3) Thaddeus Woodhead 11	4) Issaic Brewer 12		

Boys 4x400 Meter Relay AA

Dist Record: N 3:23.24 1988 , Meyers
 Ismail, Mason, Brogan, Ismail
 3:29.60 SQS

School	Finals	H#	Points
1 Montrose	3:26.05 SQS	2	10
1) Chuck Rohan 12	2) Collin Chidester 12		
3) Brennan Gilhool 12	4) Henry Rogers 10		
51.890 (51.890) 1:44.179 (52.290)	2:35.433 (51.255) 3:26.042 (50.610)		
2 Western Wayne	3:30.03	2	8
1) Gary Geinitz 11	2) Caleb Brungard 11		
3) Leonard Johnson 12	4) Johnny Barcarola 12		
51.832 (51.832) 1:47.180 (55.349)	2:39.931 (52.751) 3:30.027 (50.096)		
3 Mid Valley Sr. High School	3:30.17	2	6
1) Sebastian Brudnicki 11	2) Gideon Dalzell 12		
3) Christian Chakiris 11	4) Shane Rosencrans 12		
50.707 (50.707) 1:44.727 (54.020)	2:38.178 (53.452) 3:30.168 (51.991)		
4 Lakeland	3:33.38	2	5
1) Jakob Snipes 12	2) Billy Good 11		
3) Michael Pidgeon 10	4) Thomas Pidgeon 12		
50.319 (50.319) 1:46.623 (56.305)	2:40.069 (53.446) 3:33.377 (53.308)		
5 Scranton Preparatory School	3:40.26	2	4

1) Eddie Lopes 11	2) Stephen Postupak 12				
3) Ryan Mcandrew 10	4) Matthew Tomaine 11				
52.550 (52.550)	1:51.727 (59.178)	2:48.217 (56.491)	3:40.255 (52.038)		
6 Lake Lehman		3:41.27		2	3
1) Ibe Dabsheh 12	2) Floyd McRoy 12				
3) Nathan Salus 11	4) Conor O'Brien 11				
55.431 (55.431)	1:53.121 (57.690)	2:47.282 (54.161)	3:41.264 (53.983)		
7 Dunmore		3:41.59		2	2
1) Paris Alunni 11	2) Connor Holt 10				
3) Greg McDade 12	4) Jake McNeff 11				
54.371 (54.371)	1:50.288 (55.917)	2:43.453 (53.166)	3:41.587 (58.134)		
8 Holy Cross High School		3:45.34		1	1
1) Josh Charles 12	2) Declan Tokash 12				
3) Doug Walsh 10	4) Connor Tone 10				
54.477 (54.477)	1:53.713 (59.236)	2:49.646 (55.934)	3:45.340 (55.694)		
9 Hanover Area		3:48.03		1	
1) Kyle Bohlin 12	2) James McCabe 12				
3) Aaron Hummer 12	4) Caleb Rigol 12				
58.489 (58.489)	1:57.341 (58.853)	2:54.102 (56.761)	3:48.025 (53.924)		
10 Northwest Area		3:48.83		1	
1) Gavin Davis 11	2) Kyle Koch 11				
3) Wyatt Morris 12	4) Matt Saxe 11				
55.135 (55.135)	1:54.476 (59.341)	2:52.978 (58.502)	3:48.822 (55.845)		
11 Elk Lake High School		3:51.45		1	
1) Noah Atkins 11	2) Noah Johnson 11				
3) Noah Staff 11	4) Brandon Way 12				
53.690 (53.690)	1:55.472 (1:01.783)		2:56.316 (1:00.845)		
3:51.445 (55.129)					
12 Holy Redeemer High School		3:51.60		2	
1) Lukas Volpetti 12	2) Nick Pikul 11				
3) George Strish 12	4) Dominic Capaci 12				
52.234 (52.234)	1:55.294 (1:03.060)		2:52.667 (57.374)		
3:51.594 (58.928)					
13 Carbondale Area Jr/Sr High Sch		3:52.72		1	
1) Hector Acosta 10	2) Parker Kerl 12				
3) Michael Arendt 11	4) Matthew Korty 10				
54.721 (54.721)	1:59.491 (1:04.770)		2:57.470 (57.979)		
3:52.718 (55.249)					
14 Mountain View Junior Senior Hi		3:54.97		1	
1) Matt Dougherty 11	2) Ty Grunwald 11				
3) Joe Jackson 12	4) Alan Fortuner 10				
57.543 (57.543)	1:56.063 (58.520)		2:57.443 (1:01.381)		
3:54.968 (57.525)					

Boys 4x800 Meter Relay AA

Dist Record: N 7:58.34 1982 , Scranton Prep
Mullen, Haudenshield, Merenich, Hreben
8:15.55 SQS

School	Finals	Points
1 Holy Redeemer High School	8:21.53	10
1) Bryce Zapusek 12	2) George Strish 12	
3) Lukas Volpetti 12	4) Dominic Capaci 12	
1:02.014 (1:02.014)	2:06.406 (1:04.392)	3:06.114 (59.709)
4:10.668 (1:04.554)	5:12.889 (1:02.222)	6:16.745 (1:03.856)
7:17.427 (1:00.682)	8:21.530 (1:04.103)	
2 Mid Valley Sr. High School	8:32.82	8
1) Michael Bennici 10	2) John Piorkowski 11	
3) Josh Vituszynski 12	4) Sebastian Brudnicki 11	
1:01.829 (1:01.829)	2:08.118 (1:06.289)	3:09.018 (1:00.901)
4:12.817 (1:03.799)	5:14.801 (1:01.985)	6:23.773 (1:08.972)
7:21.498 (57.725)	8:32.820 (1:11.323)	
3 Lakeland	8:39.99	6
1) Noah Chup 11	2) David Campbell 10	
3) James Lewis 12	4) Matthew McGowan 11	
1:01.664 (1:01.664)	2:07.421 (1:05.757)	3:09.504 (1:02.084)
4:20.334 (1:10.831)	5:20.584 (1:00.250)	6:28.827 (1:08.244)
7:30.844 (1:02.018)	8:39.985 (1:09.141)	
4 Lake Lehman	8:45.74	5
1) Casey Weaver 9	2) Ibe Dabsheh 12	
3) Chandler Longstreth 10	4) Nathan Salus 11	
1:02.268 (1:02.268)	2:09.220 (1:06.953)	3:09.946 (1:00.726)
4:17.590 (1:07.645)	5:21.393 (1:03.803)	6:34.074 (1:12.682)
7:39.333 (1:05.259)	8:45.738 (1:06.406)	
5 Scranton Preparatory School	8:48.33	4
1) Eddie Lopes 11	2) Jake Rusak 10	
3) Ken Kincel 12	4) Stephen Postupak 12	
1:01.604 (1:01.604)	2:15.337 (1:13.733)	3:17.779 (1:02.443)
4:30.411 (1:12.633)	5:33.713 (1:03.302)	6:43.455 (1:09.742)
7:42.950 (59.495)	8:48.326 (1:05.377)	

6 Holy Cross High School		8:51.82		3
1) Kevin Jumper 10	2) Thomas Lee 10			
3) Doug Walsh 10	4) William Roever 10			
1:03.338 (1:03.338)	2:11.340 (1:08.003)	3:12.408 (1:01.069)		
4:20.066 (1:07.659)	5:22.056 (1:01.990)	6:32.349 (1:10.294)		
7:39.292 (1:06.943)	8:51.816 (1:12.525)			
9:14.24				2
7 Elk Lake High School				
1) Kale Decker 12	2) Noah Johnson 11			
3) Jeremy Quinnan 10	4) Noah Staff 11			
1:05.631 (1:05.631)	2:16.103 (1:10.472)	3:24.256 (1:08.153)		
4:38.244 (1:13.988)	5:46.820 (1:08.576)	7:01.362 (1:14.542)		
8:02.223 (1:00.862)	9:14.238 (1:12.016)			
9:17.32				1
8 Hanover Area				
1) Kyle Bohlin 12	2) Stephen Rowley 10			
3) Frank Yuscavage 10	4) Max Mendrzycki 12			
1:02.287 (1:02.287)	2:10.379 (1:08.093)	3:13.459 (1:03.080)		
4:31.811 (1:18.353)	5:38.061 (1:06.250)	6:53.057 (1:14.997)		
8:01.920 (1:08.863)	9:17.319 (1:15.399)			
9:27.36				
9 Montrose				
1) Gabriel Wilber 10	2) Nick Harder 9			
3) Jonathan Lyden 10	4) Nick Summerville 12			
1:03.912 (1:03.912)	2:19.386 (1:15.475)	3:26.624 (1:07.238)		
4:39.032 (1:12.409)	5:48.043 (1:09.011)	7:00.429 (1:12.387)		
8:05.819 (1:05.391)	9:27.353 (1:21.534)			
9:36.81				
10 Northwest Area				
1) Caleb Cumberland 11	2) Kyle Koch 11			
3) Wyatt Morris 12	4) Camryn Weber 10			
1:11.025 (1:11.025)	2:26.135 (1:15.110)	3:38.148 (1:12.014)		
4:55.496 (1:17.348)	6:00.779 (1:05.284)	7:21.216 (1:20.437)		
8:26.798 (1:05.582)	9:36.804 (1:10.007)			
9:55.51				
11 Mountain View Junior Senior Hi				
1) Robert Gray 12	2) Aiden Long 11			
3) Doug Smith 9	4) Michael Wademan 12			
1:07.435 (1:07.435)	2:25.128 (1:17.694)	3:37.895 (1:12.768)		
5:03.664 (1:25.769)	6:16.896 (1:13.233)	7:36.333 (1:19.437)		
8:49.860 (1:13.527)	9:55.501 (1:05.641)			
9:57.18				
12 Riverside (2)				
1) frank genell 12	2) Carl Walsh 9			
3) Joshua Godlewski 10	4) Gavin Beck 11			
1:09.804 (1:09.804)	2:31.514 (1:21.711)	3:47.241 (1:15.727)		
5:06.906 (1:19.665)	6:12.808 (1:05.903)	7:32.778 (1:19.970)		
8:40.415 (1:07.638)	9:57.171 (1:16.757)			
10:02.80				
13 Lackawanna Trail				
1) Jj Sharpe 10	2) Michael Bluhm 9			
3) Luke Walker 11	4) Isaac Vierling 11			
1:13.614 (1:13.614)	2:34.459 (1:20.845)	3:49.630 (1:15.172)		
5:08.132 (1:18.503)	6:20.621 (1:12.489)	7:40.664 (1:20.044)		
8:47.274 (1:06.610)	10:02.799 (1:15.526)			
10:04.49				
14 Dunmore				
1) Paris Alunni 11	2) Carlo Escobar 9			
3) Kilian Palmiter 10	4) Suleiman Qarmout 11			
1:09.493 (1:09.493)	2:28.397 (1:18.904)	3:50.613 (1:22.217)		
5:18.705 (1:28.093)	6:29.727 (1:11.022)	7:45.564 (1:15.838)		
8:49.604 (1:04.040)	10:04.485 (1:14.881)			

Boys High Jump AA

=====							
Dist Record: N		6-08.25	1996	Brad Dieffenbacher, Lake Lehman			
		6-03.00	SQS				
		5-07.00	DQT				
=====							
Name	Year	School	Finals				Points
=====							
1 Bryce Collins	11	Riverside (2)	6-05.00 SQS				10
5-05 5-07 5-09	5-11	6-01 6-03 6-05 6-06					
PPP	O	O	O	XXO	XO	XXO	XXX
2 Cory Bricourt	10	Susquehanna	6-03.00 SQS				8
5-05 5-07 5-09	5-11	6-01 6-03 6-05					
PPP	O	O	XO	XO	O	XXX	
3 Assad Whitehead	11	Hanover Area	6-01.00 DQT				6
5-05 5-07 5-09	5-11	6-01 6-03					
PPP	O	O	O	XXX			
4 Cj Stone		Susquehanna	5-11.00 DQT				5
5-05 5-07 5-09	5-11	6-01					
O	O	XO	XXO	XXX			
5 Curtis Smith	11	Gar Memorial	J5-11.00 DQT				4
5-05 5-07 5-09	5-11	6-01					
PPP	XO	XO	XXO	XXX			
6 Casey Kaminski	11	Lake Lehman	5-09.00 DQT				2.50
5-05 5-07 5-09	5-11						
O	XO	O	XXX				
6 Muhammad Moore	12	Dunmore	5-09.00 DQT				2.50

	5-05	5-07	5-09	5-11			
	O	XO	O	XXX			
8	Jakub Tomczyk				Susquehanna	J5-09.00	DQT 1
	5-05	5-07	5-09	5-11			
	O	O	XO	XXX			
9	Brandon Wentovich	11	Lakeland			J5-09.00	DQT
	5-05	5-07	5-09	5-11			
	O	O	XXO	XXX			
9	Carl Schuster	12	Holy Cross H			J5-09.00	DQT
	5-05	5-07	5-09	5-11			
	O	O	XXO	XXX			
11	Adrian Gonzalas	10	Riverside (2			J5-09.00	DQT
	5-05	5-07	5-09	5-11			
	XO	O	XXO	XXX			
12	Jason Boyer	11	Elk Lake Hig			5-07.00	DQT
	5-05	5-07	5-09				
	O	O	XXX				
13	Vinny Talluto	12	Mid Valley S			J5-07.00	DQT
	5-05	5-07	5-09				
	XXO	O	XXX				
14	Bo Lynett	11	Scranton Pre			J5-07.00	DQT
	5-05	5-07	5-09				
	PPP	XO	XXX				
15	Maverick Meredick	12	Riverside (2			5-05.00	
	5-05	5-07					
	XO	XXX					
16	Kilian Palmiter	10	Dunmore			J5-05.00	
	5-05	5-07					
	XXO	XXX					
16	Chris Mellon	11	Lakeland			J5-05.00	
	5-05	5-07					
	XXO	XXX					
--	Kevin Bradigan	12	Holy Redeeme				NH
	5-05						
	XXX						
--	Bailey Grizzanti	10	Carbondale A				NH
	5-05						
	XXX						
--	Pat Sullivan	10	Scranton Pre				NH
	5-05						
	XXX						
--	Kilar Wallace	11	Lackawanna T				NH
	5-05						
	XXX						

Boys Pole Vault AA

=====							
Dist Record:	N 14-01	2017	Ryan Atcavage, Western Wayne				
	13-06.00	SQS					
	10-06.00	DQT					
Name	Year	School	Finals				Points
=====							
1	Nathan Vigil	11 Lakeland	12-00.00	DQT			10
	10-00	10-06	11-00	11-06	12-00	12-06	
	XO	O	O	O	XO	XXX	
2	Nick Barillo	9 Western Wayn	11-06.00	DQT			8
	10-00	10-06	11-00	11-06	12-00		
	O	O	XO	XXO	XXX		
3	Bailey Grizzanti	10 Carbondale A	11-00.00	DQT			6
	10-00	10-06	11-00	11-06			
	O	XO	O	XXX			
4	Jack Lynett	10 Scranton Pre	J11-00.00	DQT			5
	10-00	10-06	11-00	11-06			
	O	O	XXO	XXX			
5	Billy Good	11 Lakeland	10-06.00	DQT			4
	10-00	10-06	11-00				
	O	XO	XXX				
6	Colby Dodson	12 Northwest Ar	J10-06.00	DQT			3
	10-00	10-06	11-00				
	XO	XO	XXX				
7	Josh Zarnowski	11 Mid Valley S	10-00.00				1
	10-00	10-06					
	O	XXX					
7	Austin Bencoter	11 Northwest Ar	10-00.00				1
	10-00	10-06					
	O	XXX					
7	Thomas Dickinson	10 Scranton Pre	10-00.00				1
	10-00	10-06					
	O	XXX					
10	Matthew Davis	11 Lakeland	J10-00.00				
	10-00	10-06					

XXO XXX
 -- Colby DeSando 12 Dunmore NH
 10-00
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Boys Long Jump AA

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Dist Record: N 23-08 1988          Raghib Ismail, Meyers
              21-06.00 SQS
              18-06.00 DQT
Name          Year School          Finals          Points
=====
1 Assad Whitehead 11 Hanover Area 21-07.75 SQS 10
  20-08.75 FOUL 18-02.75 21-00.25 20-08.75 21-07.75
2 Johnny Barcarola 12 Western Wayn 21-03.50 DQT 8
  20-09.50 21-03.50 20-01 20-01.75 20-05.50 19-01.75
3 Matt Saxe 11 Northwest Ar 20-10.25 DQT 6
  20-03 20-07.25 20-07.50 20-10 20-00.25 20-10.25
4 Ryan Cosgrove 12 Scranton Pre 20-06.00 DQT 5
  19-07.25 20-04 20-06 19-11.75 19-10.50 19-07.25
5 Brandon Reed 10 Riverside (2 20-01.75 DQT 4
  20-01.75 18-06 18-07 FOUL 19-07.75 18-07
6 Marshall Macknosky 12 Mid Valley S 20-01.50 DQT 3
  FOUL 18-11 19-02.50 19-10.50 20-01.50 FOUL
7 Mason Deakin Susquehanna 19-08.25 DQT 2
  FOUL 19-07.25 FOUL FOUL FOUL 19-08.25
8 Charles Valvano 11 Dunmore 19-05.00 DQT 1
  19-02.50 FOUL 19-05 18-11.75 FOUL 18-03
9 Curon Smith 11 Gar Memorial 19-04.50 DQT
  18-05 18-04 19-04.50 ND 18-03.75 FOUL
10 Vinny Talluto 12 Mid Valley S 19-01.25 DQT
  18-10 19-01.25 FOUL
11 Jakub Tomczyk Susquehanna 18-11.50 DQT
  18-00.50 18-11.50 18-05.50
12 Ryan Mcandrew 10 Scranton Pre J18-11.50 DQT
  FOUL FOUL 18-11.50
13 Jared Klepadlo 12 Lackawanna T 18-10.25 DQT
  FOUL 18-10.25 FOUL
14 Caleb Brungard 11 Western Wayn 18-07.75 DQT
  18-00 18-07.75 ND
15 Caleb Vigil 10 Lakeland 18-07.25 DQT
  FOUL 18-07.25 PASS
16 Alec Jones 11 Lackawanna T 18-06.00 DQT
  16-10.50 18-06 ND
17 Sam Castellani 10 Scranton Pre 18-05.00
  18-05 ND FOUL
18 Jason Boyer 11 Elk Lake Hig 18-00.25
  16-06.25 18-00.25 ND
19 Ryan Mills 10 Blue Ridge 17-09.00
  17-09 ND ND
20 Robert Sabecky 10 Hanover Area 17-02.50
  FOUL FOUL 17-02.50
21 Pat Gilman 10 Holy Cross H 16-11.00
  16-11 ND ND
22 Ryan Bella 12 Holy Redeeme 16-10.00
  16-10 ND ND
23 Jarrett Brubaker 11 Northwest Ar 16-05.50
  16-05.50 FOUL FOUL
24 Hector Acosta 10 Carbondale A 16-03.50
  16-03.50 FOUL ND
25 Mark DelVecchio 10 Dunmore 15-08.50
  15-08.50 ND ND
26 KC Lewis 10 Montrose 15-06.75
  15-06.75 ND ND
27 Tristan Davies 10 Hanover Area 14-10.00
  14-10 ND ND
28 Ty Grunwald 11 Mountain Vie 14-04.50
  14-04.50 FOUL ND
-- Carl Schuster 12 Holy Cross H FOUL
  FOUL FOUL FOUL
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Boys Triple Jump AA

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Dist Record: N 48-03 1995          Bryandt Shelly, G.A.R. Memorial
              44-00.00 SQS
              37-10.00 DQT
Name          Year School          Finals          Points
=====
1 Assad Whitehead 11 Hanover Area 43-09.00 DQT 10
  43-09 41-10 ND 38-01.75 ND ND
2 Ryan Mills 10 Blue Ridge 41-08.25 DQT 8
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	FOUL	FOUL	41-08.25	39-10.50	FOUL	FOUL		
3	Ryan Cosgrove		12	Scranton Pre		41-05.50	DQT	6
		39-05	38-09.50	40-10.50	38-05.75	41-05.50	39-11	
4	Vinny Talluto		12	Mid Valley S		40-11.50	DQT	5
		38-05.50	FOUL	40-02.75	39-09.50	40-08.50	40-11.50	
5	Alec Jones		11	Lackawanna T		40-01.00	DQT	4
		40-01	39-09.50	38-10	38-06.50	39-08.50	39-09.25	
6	Ryan Mcandrew		10	Scranton Pre		40-00.25	DQT	3
		39-01.75	38-04.75	36-08.25	38-11.75	39-01	40-00.25	
7	Charles Cribbs		11	Hanover Area		40-00.00	DQT	2
		38-08.50	37-09.25	FOUL	37-08.50	36-05.50	40-00	
8	Mason Deakin			Susquehanna		39-03.00	DQT	1
		38-04.75	FOUL	38-07	38-10.75	FOUL	39-03	
9	Jared Klepadlo		12	Lackawanna T		39-02.75	DQT	
		38-05.75	37-06.50	37-06.50	37-07.75	38-02.75	39-02.75	
10	Pat Bennie		10	Holy Cross H		38-05.50	DQT	
		38-02.50	37-05	38-05.50				
11	Noah Chup		11	Lakeland		38-01.50	DQT	
		38-01	37-07.50	38-01.50				
12	Maverick Meredick		12	Riverside (2		38-00.50	DQT	
		36-02.25	36-03.75	38-00.50				
13	Chris Mellon		11	Lakeland		37-11.00	DQT	
		37-11	FOUL	37-02				
14	Louis Sauter		10	Scranton Pre		37-08.00		
		37-08	37-04.50	36-07.75				
15	Jarrett Brubaker		11	Northwest Ar		37-07.50		
		FOUL	36-10.25	37-07.50				
16	Pat Gilman		10	Holy Cross H		37-04.25		
		36-08	37-04.25	35-08				
17	Parker Kerl		12	Carbondale A		37-01.50		
		36-05	36-08.50	37-01.50				
18	Marshall Macknosky		12	Mid Valley S		36-08.75		
		36-08.75	36-03.75	ND				
19	Charles Valvano		11	Dunmore		35-09.75		
		35-09.75	FOUL	FOUL				
20	Ryan Bella		12	Holy Redeeme		35-09.50		
		34-08	35-07.75	35-09.50				
21	Ty Grunwald		11	Mountain Vie		33-10.25		
		33-10.25	FOUL	FOUL				
22	Peter Genao		12	Gar Memorial		33-01.50		
		FOUL	33-01.50	FOUL				

Boys Shot Put AA

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Dist Record: N 56-01.25 5/17/2005 Joe Tuzze, LAKELAND HS									
49-06.00 SQS									
40-00.00 DQT									
Name	Year	School	Finals				Points	=====	
1	Cj Dippre	10 Lakeland	45-00.00	DQT			10		
		FOUL 44-00	44-05	45-00	FOUL	FOUL			
2	Eddie Sledzinski	12 Western Wayn	43-06.00	DQT			8		
		FOUL 42-07	FOUL 41-01	43-06	FOUL				
3	Parker Howell	11 Western Wayn	43-05.75	DQT			6		
		41-05	41-05.50	41-02	41-03	FOUL 43-05.75			
4	Zach Rebar	11 Mid Valley S	42-07.00	DQT			5		
		42-07	FOUL 40-07	41-06	FOUL	FOUL			
5	Jacob Rasimovich	12 Holy Cross H	42-02.00	DQT			4		
		39-04	42-02	41-08	40-01.50	40-11	42-02		
6	Mark Dunckle	11 Lackawanna T	41-00.00	DQT			3		
		41-00	39-03	39-03	38-09	39-07	FOUL		
7	Collin Kneiss	11 Riverside (2	40-11.00	DQT			2		
		39-08	38-08	40-11	39-00	ND 40-05			
8	Evan Coons	12 Western Wayn	39-07.00				1		
		37-00	37-01	39-00.50	FOUL	39-07	39-07		
9	Robby Thomas	11 Lakeland	38-04.50						
		37-10	37-00	37-07	ND 38-04.50	38-00			
10	Josh Kodish	12 Holy Redeeme	37-06.00						
		36-09	37-06	35-09.50					
11	Kyle Harrity	12 Dunmore	37-02.00						
		FOUL 37-02	FOUL						
12	Cj Stone	Susquehanna	36-09.00						
		35-08.50	36-09	35-04					
13	Josiah Frank	11 Lackawanna T	36-04.00						
		34-08	33-05.75	36-04					
14	Malcolm Staff	12 Elk Lake Hig	36-00.00						
		36-00	33-06	32-10					
15	Richard Rodenbach	10 Lackawanna T	34-02.00						
		33-04	34-01	34-02					
16	Ethan Halas	11 Hanover Area	34-00.00						
		33-06	34-00	33-00					

17	Evan Clarkson	12	Mountain Vie	33-06.00
	32-08 31-01 33-06			
18	John Loomis	12	Carbondale A	31-01.00
	30-09.50 29-01.25 31-01			
19	Mike Brennnan	11	Montrose	28-06.00
	28-06 FOUL FOUL			

Boys Discus Throw AA

Dist Record: N 167-01 5/14/2009 Vince Tuzze, Lakeland
 148-00 SQS
 115-00 DQT

Name	Year	School	Finals	Points
1 Cj Dippre	10	Lakeland	163-02.00 SQS	10
	144-11 163-02	FOUL ND ND FOUL		
2 Derek Mason	11	Western Wayn	135-01.00 DQT	8
	128-02 126-08	FOUL 135-01 128-07 FOUL		
3 Jack McAllister	11	Western Wayn	134-10.00 DQT	6
	134-10 FOUL 125-09	127-07 131-09 ND		
4 Collin Kneiss	11	Riverside (2	131-05.00 DQT	5
	108-07 106-01	131-05 125-07 ND ND		
5 Evan Coons	12	Western Wayn	131-02.00 DQT	4
	116-07 131-02	129-08 ND ND 126-11		
6 Zach Rebar	11	Mid Valley S	131-01.00 DQT	3
	123-02 125-04	131-01 ND ND 129-05		
7 Tim Prawdzik	11	Lakeland	128-07.00 DQT	2
	123-03 123-00	128-07 ND ND ND		
8 Peter Sabia	10	Dunmore	127-01.00 DQT	1
	125-03 127-01	113-08 ND ND ND		
9 Cj Stone		Susquehanna	126-07.00 DQT	
	108-05 FOUL 126-07	ND FOUL ND		
10 Mark Dunckle	11	Lackawanna T	120-10.00 DQT	
	120-10 FOUL 119-00			
11 TJ Meehan	12	Lake Lehman	117-11.00 DQT	
	112-08 FOUL 117-11			
12 Will Kalinich	10	Holy Cross H	113-08.00	
	90-04 113-08 108-08			
13 Sean Mclane	11	Scranton Pre	112-00.00	
	112-00 106-01 99-00			
14 Colby Dodson	12	Northwest Ar	108-02.00	
	108-02 104-10 FOUL			
15 Casey Williams	10	Lakeland	103-03.00	
	103-03 FOUL FOUL			
16 Austin Zabresky	10	Holy Redeeme	96-06.00	
	96-04 96-06 87-01			
17 Malcolm Staff	12	Elk Lake Hig	93-11.00	
	FOUL 93-11 FOUL			
18 RJ Schirg	9	Lackawanna T	93-01.00	
	93-01 83-10 92-04			
19 Mike Brennnan	11	Montrose	86-06.00	
	86-06 73-01 77-00			
20 John Pearce	10	Mountain Vie	83-10.00	
	83-10 82-04 FOUL			
21 Bryce VanFleet	12	Lackawanna T	81-05.00	
	81-04 81-05 FOUL			
-- Conor James	11	Scranton Pre	ND	
	ND ND ND			
-- Robert Feeney	11	Scranton Pre	FOUL	
	FOUL FOUL FOUL			

Boys Javelin Throw AA

Dist Record: N 202-09 2017 Gavin Darcy, Dunmore
 176-00 SQS
 138-00 DQT

Name	Year	School	Finals	Points
1 Matt Saxe	11	Northwest Ar	200-09.00 SQS	10
	200-09 188-02	192-10 189-07 190-03	185-03	
2 Aaron Hummer	12	Hanover Area	170-08.00 DQT	8
	143-09 163-06	147-09 149-09 168-09	170-08	
3 Dylan Murphey Walc	12	Western Wayn	167-09.00 DQT	6
	156-07 155-06	161-03 164-04 162-08	167-09	
4 Zach Rebar	11	Mid Valley S	164-01.00 DQT	5
	164-01 159-08	154-10 FOUL FOUL FOUL		
5 Alec Buttner	12	Scranton Pre	162-09.00 DQT	4
	135-03 162-09	155-06 152-10 148-11	FOUL	
6 Adam Rossetti	12	Carbondale A	153-08.00 DQT	3
	146-07 147-11	148-00 153-08 147-05	151-05	
7 Tyler Overholtz	12	Dunmore	146-07.00 DQT	2

120-06	139-06	138-11	146-07	ND	144-06		
8 Cj Dippre		10 Lakeland				145-01.00	DQT
	FOUL	FOUL	145-01	ND	ND		
9 Thomas Dickinson		10 Scranton Pre				139-06.00	DQT
	110-04	139-06	116-06	ND	ND		
10 Adam Beradelli		12 Mid Valley S				138-11.00	DQT
	138-11	131-06	138-05				
11 Adam Rockwell		9 Susquehanna				138-05.00	DQT
	134-11	135-02	138-05				
12 Collin Kneiss		11 Riverside (2				134-00.00	
	123-04	FOUL	134-00				
13 Bryce VanFleet		12 Lackawanna T				129-01.00	
	129-01	FOUL	123-00				
14 Zachary Evans		11 Hanover Area				125-10.00	
	FOUL	125-10	123-07				
15 Maverick Beeman		12 Montrose				114-02.00	
	114-02	98-00	110-10				
16 Alex Hajkowski		10 Holy Redeeme				113-06.00	
	FOUL	105-04	113-06				
17 Malcolm Staff		12 Elk Lake Hig				103-07.00	
	103-07	99-10	100-03				
18 Nick Brooks		11 Holy Cross H				102-01.00	
	102-01	100-04	95-05				
19 Evan Clarkson		12 Mountain Vie				81-06.00	
	81-06	FOUL	80-02				

Women - AA - Team Rankings - 18 Events Scored

=====			
1) Holy Redeemer High School	125	2) Western Wayne	103.50
3) Lake Lehman	83.50	4) Northwest Area	68.50
5) Lakeland	66	6) Montrose	46
7) Hanover Area	37.50	8) Carbondale Area Jr/Sr Hig	24
8) Dunmore	24	10) GAR Memorial	22
11) Riverside (2)	21	12) Blue Ridge	18
13) Mid Valley Sr. High School	16	14) Elk Lake High School	14
15) Holy Cross High School	13	16) Susquehanna Community	8
17) Elmer L. Meyers	5	18) Lackawanna Trail	4
19) Mountain View Junior Senio	1		

Men - AA - Team Rankings - 18 Events Scored

=====			
1) Lakeland	95	2) Mid Valley Sr. High Schoo	90
3) Western Wayne	79	4) Scranton Preparatory Scho	72
5) Montrose	69	6) Riverside (2)	40
6) Hanover Area	40	8) Holy Redeemer High School	37
9) Dunmore	28.50	10) Holy Cross High School	28
11) Lake Lehman	26.50	12) Susquehanna Community	25
13) Northwest Area	22	14) GAR Memorial	17
15) Carbondale Area Jr/Sr High	9	16) Blue Ridge	8
16) Lackawanna Trail	8	16) Elk Lake High School	8